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# Babaamaajimoo-mazina'igan

FEBRUARY

(Newspaper)

2024

ISSUE NO. 3

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## ***Boozhoo!***

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Welcome to the Mashkiiziibii newsletter.

Your source for all the important news and happenings of the Bad River reservation for our tribal community, both on and off rez.



**Omaa bi-izhan! Agindaasodaa!**

*(Come here! Let's read!)*

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[\*\*Job Listings\*\*](#)

[\*\*Calendars\*\*](#)

[\*\*Contact Us\*\*](#)

## ***Writer's Message***

Boozhoo Everyone!

First off, I would like to apologize for the delay in the release of this edition. This was meant to be published nearly three weeks ago. Through no fault of anyone except my own in some instances this was delayed. I'm still working on how to streamline this, and hopefully by next edition there will be a table of contents page so that you can all read by department. Once again I apologize for the delay, and hope you all enjoy the letter!

-Jordan

# General Community News



## NIST-RACER

Join us for  
TWO free, virtual  
solar training  
opportunities!



### About the NIST-Racer Grant

The North Carolina Clean Energy Technology Center and PowerAmerica have partnered to provide solar and renewable energy workforce and professional training opportunities nationwide. The "Build Pandemic Resilience in Native American Communities" project was created to help build pandemic resilience in communities with reliable and efficient renewable energy systems and train a talented workforce to design, install, and maintain these systems.

### Who Should Attend the Trainings

Recommended for individuals from or serving Native American communities and individuals who identify as People of Color, women, veterans, individuals with disabilities, and/or members of the LGBTQIA+ community in the following careers:

- Educators and students from TCUs, NASNTIs, HBCUs, HSIs
- Engineers and Electricians
- Contractors and Roofers
- Skilled professionals transitioning careers into the solar industry

### Fundamental of Solar PV Design & Installation Course

**February 19-23, 2024 - 10 am - 5 pm EST**

This virtual course provides technical training for solar photovoltaic (PV) system design and installation, including a focus on system types; components; applications; design; and, best practices for installation, maintenance, and troubleshooting. Attendees will be eligible to sit for the NABCEP PV Associate Exam after completing this 5-day course.

### Solar Energy Storage Course

**March 27-29, 2024 - 10 am - 5 pm EST**

This three-day, virtual course covers fundamental principles of battery-based systems including understanding customer needs; specifying and sizing a battery bank, inverters, and charge controllers for battery-based systems; defining system architecture and functionality; battery metering; and understanding the code implications of these systems.

**Learn More & Register at <https://go.ncsu.edu/nist-racer>**

GET IN  
TOUCH

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**FOR IMMEDIATE RELEASE**

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## **Honor Student Gunnar Crowe Nominated for The Congress of Future Medical Leaders**

**ASHLAND, WISCONSIN** — Gunnar Crowe, a Junior at Ashland High School of Ashland, Wisconsin and member of the Bad River Tribe of Lake Superior Chippewa is a Delegate to the Congress of Future Medical Leaders to be held June 26 - June 28, 2024, just outside Boston, on the University of Massachusetts Lowell campus.

The Congress is an honors-only program for high school students who want to become physicians or go into medical research fields. The purpose of this event is to honor, inspire, motivate and direct the top students in the country interested in these careers, to stay true to their dream and, after the event, to provide a path, plan and resources to help them reach their goal.

Gunnar's nomination was signed by Dr. Mario Capecchi, winner of the Nobel Prize in Medicine and the Science Director of the National Academy of Future Physicians and Medical Scientists to represent Wisconsin based on his academic achievement, leadership potential and determination to serve humanity in the field of medicine.

During the three-day Congress, Gunnar Crowe will join students from across the country and hear Nobel Laureates and National Medal of Science recipients discuss leading medical research; be given advice from Ivy League and top medical school deans on what to expect in medical school; witness stories told by patients who are living medical miracles; be inspired by fellow teen medical science prodigies; and learn about cutting-edge advances and the future in medicine and medical technology.

This is a crucial time in America when we need more doctors and medical scientists who are even better prepared for a future that is changing exponentially. Focused, bright and determined students like Gunnar Crowe are our future and he deserves all the mentoring and guidance we can give him.

The Academy offers free services and programs to students who want to become physicians or go into medical science. Some of the services and programs the Academy offers are online social networks through which future doctors and medical scientists can communicate; opportunities for students to be guided and mentored by physicians and medical students; and communications for parents and students on college acceptance and finances, skills acquisition, internships, career guidance and much more.

The National Academy of Future Physicians and Medical Scientists was founded on the belief that we must identify prospective medical talent at the earliest possible age and help these students acquire the necessary experience and skills to take them to the doorstep of this vital career. Based in Washington, D.C. and with offices in Boston, MA, the Academy was chartered as a nonpartisan, taxpaying institution to help address this crisis by working to identify, encourage and mentor students who wish to devote their lives to the service of humanity as physicians, medical scientists.

*For more information visit [www.FutureDocs.com](http://www.FutureDocs.com) or call 617-307-7425.*



# 50/50 RAFFLE

\$5  
for  
6 Tickets

Tickets  
\$1

\$20 for an  
arms length of  
tickets

To raise funds for Gunnar Crowe to attend the  
Congress of Future Medical Leaders



\$25  
for Gunnar's  
Arm Length of  
Tickets!

Drawing will take place via FaceTime Live

**FEBRUARY 14TH 8:00 P.M.**

Gunnar Crowe is a member of the Bad River Tribe, a Junior at Ashland High School, and recently earned his degree as a Certified Nursing Assistant at Northwood Technical College. He is currently working part time at Court Manor Health Services in Ashland. His goal after high school is to attend college and to develop a career in medicine. Attending this Congress will align with this goal and allow him to learn about the opportunities and advancements in the medical field.

Contact Nona Crowe to purchase 715-208-4562



# MASHKIIZIIBII WRITING GROUP

## 8 WEEK WORKSHOP

MONDAY, FEBRUARY 12

MONDAY, FEBRUARY 26

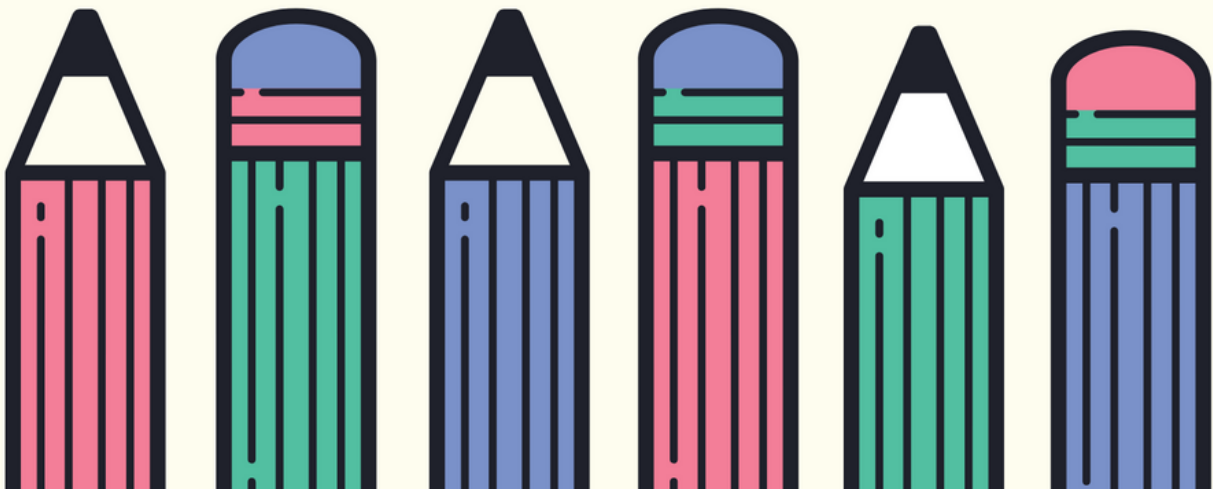
MONDAY, MARCH 11

MONDAY, MARCH 25

GROUP READINGS WEDNESDAY, MARCH 27

Only 10 spots available. Please email the Library Coordinator for more information or if interested in joining! Materials will be provided.

[librarycoordinator@badriver-nsn.gov](mailto:librarycoordinator@badriver-nsn.gov)





Ogii-waabandaan ina?  
omazinaateshinowin  
a'aw Akakojiish.

(1)



Gaawiin ogii-  
waabandanziiin i'iw  
omazinaateshinowin  
a'aw Akakojiish!

(2)



Akakojiish

- 1) Did the groundhog see his shadow?
- 2) The groundhog did not see his shadow!



**On January 24th, the Miron Construction company hosted their Topping Out Ceremony in which the last steel beam is put into place. The last beam was painted and signed by the construction crew, council members, and attending tribal members and is a huge milestone in the project.**

**Our own Vice Chairman, Patrick Bigboy was given the honor of operating the crane to lower the final beam in place.**



## *Speaking with Elders:*

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For my third interview with a Bad River elder, I had the chance to sit down with Delphine Hurd, a long time family friend. The first thing she said she wanted to talk about was respect and how she feels that our little reservation is truly going through some hard times. However, for now I'm going to withhold that portion of our interview to be shared at a later point in time. I'm doing this because I'm trying to figure out how best to approach these words that brought Del to tears as she spoke them and want to ensure that they're portrayed in an honest light. What is in this issue of the newsletter is about half of our conversation and hope you and Del understand why I want to make sure her other part is not in this issue.



For now, I hope you all enjoy reading the conversation that Del and I had. As per usual, there was a lot shared and not all of it made it into the letter. Though I promise what is in here, is sure to bring back some memories for older readers, and hopefully put some perspective on how the tribe has changed for our younger readers.

-Jordan



## **Who are you and what's your relationship to the Tribe?**

Well, I grew up here on this reservation on Kakagon Road. My grandma and grandpa were allottees here back in the day, Joe Blanchard and Alice Gordon-Blanchard. My great-grandmother was Margret Guyver-Gordon, and she had an affiliation with Fon Du Lac and Bad River. So, in my upbringing here, back in the day we did a lot of sharing, we came together as a community, as a people when in need. That's how I became who I am. I lived way from here for a good many years, I had a hard time adjusting to the culture shock when I left here to live in Chicago. I'd never lived in a big city, I never knew what it was about. It was really difficult to adjust to that, I became home sick, I came back so many times, till I was finally able to adjust and it wasn't easy. But I learned a lot about their culture out there which didn't define who I am. I learned some things from them, the kind of values that they had, unlike ours were at the time. Perhaps I left some teachings there. In later years I went back, and got married in Chicago, and had my kids, that didn't work out though because our cultures were totally different. It was difficult though because our cultures were totally different. It was difficult though, I made some bad choices, some really bad choices, I wasn't the greatest mother in the world, but I promised myself that I'd be a better grandmother and I'd like I think I accomplished that.

I stopped a lot of my bad habits, I don't do those things anymore. I try to hang onto the things that I was taught as a youngster, the good things y'know that they taught us. But I had to come back him, my mom and my stepdad, my stepdad did a real good job stepping up to the plate and becoming a dad to me even though ne never had children in his life. But he did a good job, in the beginning it was kind of hard for me because they were also into the drinking you know. He helped me though, gave me a lot of good advice, and my kids never knew any other grandpa but him. My accident really took me for a ride though, I had to change my whole life. I enjoyed working all my life, and I did the best I could learning how to hold a job off the reservation in the white man's world which was different but I held my own. But then I was taken out by a drunk driver, and I was pretty much bedridden for a year after that. By the time I was starting to get a little better though, I uh—I lost my oldest son, but I took care of him toward the end as difficult as it was for me cause you know I was on crutches then. But I took care of him the best I could, because they couldn't do anything more for him in the hospital. I was with him until he took his last breath and that was—that was devastating... that was worse than being in that accident. I felt very incomplete, I was always used to working and when that came to a standstill I didn't know what to do with my life I felt like I was giving enough of myself, I didn't have no other choice and I became very angry. I didn't know how to handle it. I then learned that there was things I could do, and as the years went by I got better.

Then after that accident I developed diabetes, and that caused me to lose my leg, then years later I lost the other one. I adjusted though. I enjoyed my life, and then my husband came along. I didn't want to get into another relationship but I said, "Nay that won't happen again." Then all of a sudden there he was. He just kept coming back, and I finally said, "Oh what the hell." But I couldn't have made a better decision, he's been there and he's helped me through a lot of things to help me get through life. I like to give him hell because he's Canadian, I like to tell him I'll send him back across the border. I told my daughter that once and she said, "The hell he will!"

**You said you went to Chicago for awhile, but you just couldn't really adapt there. What were some things that gave you a hard time?**

The different lifestyle, everything was, you had to scurry around, there was so many people, I couldn't get used to just being smothered by all those people! Their lifestyle was just too different. The culture shock was crazy! You didn't find a lot of native people there, or at least I didn't and that was scary for me. Till years later, I think I went there when I was 13 years old and then I came back to my grandparents, and then I went back because I was missing my mom and my dad. My step-grandma took me to the Indian Center and that's where I met my friend, she was from Oneida. I finally felt like I found someone that I could relate to, things got easier for me there.

. Her and I became best of friends, and we're still friends to this day, we were probably about 15 years old when met. That was quite an adjustment for me to make. During that time, a lot of times I was alone, my mom and dad would leave and I didn't know where they went so I was home alone a lot. When I lived here, though there was 26 people in our house! So that was quite a difference you know, that was an adjustment in itself so I was always used to having a housefull. So that was really scary for me always being alone, that was the main difference. When I got a bit older though, and I adjusted a bit more to the lifestyle. But would I go back there? No, had enough.

**26 people? What was that like?**

Well, you see my aunt, my mom's younger sister, had 10 kids. My grandma had a brother, and he died while he was working on—it was like this big wheel with a saw, and it ran on this big battery thing, and they'd put these big logs across the wheel and that's how they'd cut it. Well that log flew up and hit him in the chest, and he had a heart attack and he died. Anyway, his wife was a Moore, my biological grandma was a Moore, Cecilia Moore, Arvella was her name. She got cancer, and so she died a couple years later, they left three kids Carol, Philip, and Paul Gordon, so my grandma took them in, they were also part of our family. Then all my aunts and my uncles lived there, except for my uncle Tony, he lived in Milwaukee with his wife. That was 10.



My grandma's sister, Nelly had 2 grandkids that she was raising but she was killed in a car accident, so those two kids came to live with us too. So, you can see how our house just kept on growing. Then Froggy Brissette, he was like 15-16 and he ran away from home, they lived in Milwaukee, and so he ran away and came up here. His dad was a very vicious man, he was very cruel man, and so Froggy wanted to get away from that, so he came up here. My grandpa was related to a Bressette, but anyway when Froggy came up here, he was just roaming around the town here, my grandpa took him in too. His mom and dad never looked for him, they just let us have him and that's how he became part of our family. Then my old grandma was still alive so that's how we had 26 people our house just kept growing and growing. My aunt had two kids, that was Joanne and Chat. Our house was full, we'd eat in two shifts. Back then we had to haul water and warm it up on the wood stove. That was the job of us girls. As soon as the first shift got through eating, we had a pan of water, and rinse water ready, we'd hurry up and wash off all the plates, dry them and set the table all over again so the next shift got to sit down and eat. Then after that, us girls would do it all over again, and sweep the floor, scrub the floor on our hands and knees if it needed to be cleaned. We had to wash off the stove, then after we got done with that, in the wintertime we had to go outside to help chop up the wood and bring in the wood for the next day, so that the grown-ups that weren't working like my grandma and my mom and all of them could keep warm.

Then we had to haul a whole lot of water into what they used to call a double boiler, it was this big oblong tub, we had to fill that up with water before we went to bed at night. That was my life here, though, we fished, and when I say we fished—all of us kids we would make our own fishing poles. We'd go get a stick from the woods, we knew what sticks to get, you know the ones that wouldn't break so easy and were flexible. Then we'd use this thread its called Number 8 thread, I don't think they even make it anymore. We'd wrap that around the stick and we'd get hooks, and a rock from the river. There was a certain way they taught us how to tie that rock in there for our sinker. Then we'd all sit at the dock, my uncles made a dock at the river, we'd just sit there and fish. We had to do a lot of fishing in order to do a fish fry. My grandpa made this little bench on the side of the house and we'd all have to take turns scaling those fish and gutting them to put them in a big bucket, wash them all off. I used to have long hair and them damn scales would be all in my hair. We'd go to the pump to get them out and I got damn brain freeze trying to get them scales out of my hair! It took 2-3 platters of fish in order for us to have a fish fry.

They used to have a potato farm up on the hill, and they had this big truck they'd come around with a big box in the back. They'd stop and they'd pick up all our people here and take them up there and they'd pick potatoes up there. Us kids would have to go up there on the weekends. How they ran that was every morning that our people got up there to pick potatoes, they'd give them a stack of numbers.

Little cards with numbers on them, and they had baskets all along the rows or potatoes. They had gunnysacks here and there, and you'd crawl on your hands and knees and you'd put those potatoes in that basket, and you got that basket full then you'd go get that gunnysack, and you'd pour those potatoes in. You'd go back in with that basket until you filled up your gunnysack, then you'd take one of your tickets and put it in on there, fold it up so that the wind wouldn't take it away. Then you'd put a big handful of dirt on top to keep it there, and when everyone was just about ready to go home, a tractor would come with a trailer on the back and someone would pick up those gunnysacks so that they could see how many bushels were picked. That's how you'd get paid. It was usually in October when they'd do that, and that's how our people would earn the kids' winter clothes. Just like how ricing was used to help buy the kids' school clothes.

There used to be an old rummage here, my grandma and my mom were really good seamstresses. So a lot of us kids they'd go down to that rummage to find big skirts for women, and my grandma and my mom would cut them down to size for us girls and the pants for the boys. Funny thing, I ran across some of my old friends that I grew up with and they said, you guys must have been so rich cause you always had such nice clothes! But it was just that my mom and grandma were really good seamstresses with those clothes from the rummages.

### **As an elder, how much value do you hold your Native American heritage?**

Oh gosh I hold that very high! I think it was a blessing to be born a Native—I don't call it Native I call it Anishinaabe since anyone born on this continent is a Native American. I am an Anishinaabe woman. I hold that in high regard because that is what I was taught, that we are the keepers of this continent, we are the keepers of this land, this was our people's land and we're the keepers we're supposed to keep it and hold it. So I think that being a part of that is an honor, and as I said we were taught to share and to care. I have a story about my step father, he inherited some sacred pipes from an old chief here, the old chief's name was Mazhinawe, which means 'The Disciple.' So I grew up with him teaching that to me. He said, when our people lived here, that chief Mazhinawe would send messengers by horseback, by foot, or by buggy or whatever they had, he'd send messengers to these places where our people took up camp. One of the messengers came here and told our people that they were having a celebration over in the Dakotas. So when they would go to those celebrations, whatever grew in abundance on your land, you would take that with you to share with the other tribe. During that time, the rice and the cedar which the Dakotas don't have was growing good. So they bagged up as much as they could and they took it over to that celebration. Some of them walked, some rode horseback, some went by buggy but they packed as much as they could.

Chief Mazhinawe greeted the chief from over there and because of all the gifts they brought, that chief presented him with that sacred pipe. So my dad inherited both those pipes, we still have them. He told me that story and that's why I'm proud to be who I am, proud to be an Anishinaabe woman. There was this one time that I'll never forget, that my dad gave me the most amazing title I'd ever gotten from anyone. My son, Joe, he was going to Northland college and he had to do a paper. He had to come here to interview elders, so he asked my dad if he could interview him and my dad said sure. He came and I was sitting there at the table and my kid asked him, "Baba, what do you think 'Ogichidaa' means. What does that mean to you?" My dad looked across the table and he says: "Joe, I'm going to tell you. There's an Ogichiidaakwe right there." And he pointed at me. I was just like, Oh my god, what an honor to hear that! I never knew he looked at me like that! My dad kept going. "I was in World War II my boy. I don't look at myself surviving that as highly as what your mother went through and survived that. That's an Ogichiidaakwe." I just cried man, I was like "Whoa!" you know that was the best! So if I appear to him as a warrior women, than that's what I am. And that's what I try to me, to show, to be a mentor, a good person for the younger people.

**There are others who are Native, but for some reason or another they choose not to identify that way. What would you like to say to those people?**

I think they're cheating themselves. You know, why would you not want to identify with your ancestry? I think that's a great, great thing in your life, to know where you came from! Come on! Be proud of that! I'm proud of where I came from! I know a lot of my ancestry, I know a lot of my family tree, and I'm proud of that! Why wouldn't you want to share that? I mean that's something that is in your heart, your soul, your being! That's who made you who you are. Why you would not want to be proud of who you are I—I just don't get it.

**So you'd say there's a lot of value to be found in it?**

Oh absolutely. I mean, how can you deny—if you feel good about who you are, how could you deny them? For helping you to make you who you are? You know my god, all the hard times we've had. I still feel like that was a blessing in a way because I learned you know from coming from the bottom on up. And they helped me to get there. And if I didn't have that good spirit that they had, where would I be? Who would I be? I have to take that with a great part of making me believe that the man above say this is who you are. Why would they want to deny that? I think it's the greatest thing ever. I mean I think a lot of people who share their ancestry and are proud of it, I love to hear their stories! That teaches you things about the past, and where they were in their past, how you'd come up, what's changed, what values should we continue to hang onto from what they had back then. What part should we do away with, what part of it should we keep, you know what are the blessings that come from that to continue with our life. That's the way I look at it.



**The purpose of these interviews is to give elders like you an avenue to say something to the future. Is there anything you'd like to say to those who will come after us?**

I think the only thing I would like to share is to hang onto the values of our ancestors. Respect what was given to us, you know we were given many gifts here, and if we don't find a way to take care of them and honor them, the man above will take them away. We don't know how to share and to care, and to love, what's going to happen? Those gifts are going to dwindle out. The creator is going to say "Well I gave you all these wonderful gifts and you don't know how to take care of them. Well that's okay I'll just take them away from you then." That's what I'd like to share with the up and coming generation. Is look at how our wild rice gets depleted, I never ever heard of that before in my life. But that's because people don't respect that, they don't respect the land here. And what's going to happen if one day you don't do that and the Creator just says "Okay no more." And that man in the white house at the stroke of a pen can just annihilate us. You know, so just- hang on to what you got! Respect it. Know that you were blessed with that, that those are gifts. That they weren't given to everybody. That's what I would like to share with them.

# *Planning Department:*

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- **Scattered Sites Home**

**Project:**

- Will be building a total of 11 homes in scattered locations throughout New Odanah and Aspen Acres. Will have 4 of the 11 homes installed and ready this calendar year. Details on how Tribal members can apply for the homes will need to be brought before Tribal Council for determination regarding application and awarding processes. Will update community as soon as decisions are made.

- **Supportive Housing Project:**

- Bad River has partnered with RT Hawk Housing Alliance and Beaux Simone Consulting to create a 30-unit housing complex here in Bad River. Supportive housing will include regular services from programs like social services and behavioral health. Project will be built utilizing tax credits. Currently in the process of interviewing prospective architectural firms to move the project along.

- **At-Risk Elder Home**

**Restoration Fund:**

- Currently accepting applications for home restoration projects for elder homes on the reservation through ARPA-CAPEX funding. This allows for individual At-Risk Elders to apply for up to \$20,000 in grant funding for costs to repair/renovate/restore their home so it is safe, sanitary, and secure. Funding is dependent upon availability so first come first served basis. Great news regarding this is we now have 50 awarded applicants, so have met our \$1,000,000 funding limit. We have requested additional funding so hopefully once that decision is made at the funding level we will be able to continue taking applications.

- **ARPA Projects:**

- The next four projects were lumped together through a contract for design-build services in order to ensure we have survey-design-engineering completed in a timely manner,

and have everything completed to give the Tribe the best possible outcome for each individual project. Current direction we are pursuing is to bid these projects out in a single RFP so ensure that companies interested in the bigger projects are also now required to bid on the smaller projects.

- **Old Headstart Building:**

- Initial direction I was given was to have the Old Headstart buildings removed, upon inspection of the buildings it became apparent that a number of programs and departments still currently utilize that structure on a regular basis. Staff at social services met and requested that we instead work to make repairs to the building. Currently awaiting scope of work and cost estimates from our Design/Build team of Miron Construction and DSGW so we can move forward with repair work. No update to this portion from last newsletter.

- **RV Park:**

- Currently working with Miron/DSGW to create an RV Park at the casino complex for customers. Currently RV users have parking spots available at the edge of the lot. We would like to create some green space for them to use with the electric hookups

and other amenities, make the experience better and hopefully extend their stays here and as such extend their time on the gaming floor. No update on this project from last newsletter.

- **Youth Building:**

- Currently working with Paige Moilanen and Miron/DSGW to create a new youth building for use by our now combined Boys & Girls Club and Youth Services programs. New building will be located next to the New Headstart and near to the future expansion of the clinic pool and gym facilities. Current Boys and Girls Club building is too small for any expansion of services, also providing a new space closer to the upcoming facilities only makes sense so our youth can have better access to the new structures. Idea is also to sort of mirror the design ideas being utilized in the pool/gym areas so that our children have a sense of ownership in both structures. Creating a more inviting space for our youth will hopefully encourage greater participation in services, and also increase usage of the new facilities.



Greater activity and exercise is key for our next generation to ward of a host of health issues. Only update for this subject from last newsletter is we will be pursuing appropriation funding through the State to get this building completed.

- **MTC Remodel:**

- Complete redesign of the MTC complex is needed in order to best serve the community. Working with Miron/DSGW and Moccasin Trail Manager to find the best possible use for the space we have. Focus right now is an expansion of the C-Store area in order to provide necessities for the community out of a single business rather than keep operating with two. More details to come as the design and pricing moves further along and we are able to look at best bang for our buck with this project.

- **ATV/Snowmobile Trail:**

- We have access to a grant from the State DNR to assist with building an ATV/Snowmobile trail. Major obstacle is and has been crossing of the Bad River. Will be needing a whole new bridge structure. Recent changes to the bridge program at the BIA allows for us to apply for a new structure rather than the previously when we could only apply for funding

to renovate current structures. Working on creating a partnership with the State DOT to provide technical assistance for survey/design/engineering on the new structure.

- **Cemetery Expansion:**

- Additional space definitely needed for the community. Last funding cycle the grants team rushed through an application for a High Priority Projects grant through the BIA to accommodate building the expansion off of the current layout. Unfortunately we were unsuccessful in that effort, mostly due to the short time frame we were working with to complete the application. At a recent DOT Conference I made contact with officials at the BIA and have commitments now to assist in applying again, with a strong confidence that we can win the funding needed to create the new roads and clear the area for future expansion needs. Updates will be coming as I progress along on this project.

- **Boardwalk:**

- Applied for a grant through the DOT to construct a river front boardwalk/trail along the path shown in the attached map. Goal is to improve access to the river front for our Members, and in doing so open up a number of additional areas for fishing throughout the length of the trail. There is only one spot along the path currently "ready" for anyone to set up a chair and a pole and throw in a line to start fishing. With the proposed route we hope to create a multitude of places that allow for easy access for people to be able to enjoy this past time and hopefully put some fish in the frying pan. Boardwalk/gravel trail will provide as many places as we are able to design to allow for boardwalk right along the river's edge with a railing to lean you pole on. More details to follow, fingers crossed we win the grant!

- **Bipartisan Infrastructure Law (BIL) funding:**

- The BIL has flooded Indian Country with more funding for transportation than there ever was in history. We are currently applying for an opportunity through DOT to gain technical assistance called the Thriving Communities Grant. In a nutshell once awarded, this gives us access to a consulting firm that knows and understands the incredibly large and complex BIL. The benefit to Bad River is this firm can then work with us to look at what our project ideas are, and then match them with the best opportunity in the BIL to get that project funded and also to assist us in knowing and understanding how to win those grant opportunities.

# PROPOSED OLD ODANAH WALKING TRAIL



Proposed Trail (1.13 Miles)



Trust Lands



0 330 Feet

\* Trust Lands indicated with BIA Tract ID and current percent Tribal Interest. Aerial photos taken April of 2020.

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## PROPOSED OLD ODANAH WALKING TRAIL



Proposed Trail (1.13 Miles)



Trust Lands



0 330 Feet

\* Trust Lands indicated with BIA Tract ID and current percent Tribal Interest. Aerial photos taken April of 2020.

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# NORTH WESTERN WISCONSIN WOODSTOVE CHANGEOUT PROGRAM FACT SHEET



## GENERAL INFORMATION

Approximately \$255,200 will be available in vouchers to help with the purchase of a new EPA certified wood stove, EPA certified pellet, gas stove or heat pump to replace their non-EPA certified wood stove or hydronic heater with a new indoor ENERGY Star gas furnace. Vouchers are for \$2000 toward a new EPA certified wood stove; \$2500 toward an EPA certified wood, pellet, gas stove or heat pump; and \$4450 for income qualified participants. Income qualified vouchers may be used for an EPA certified wood, pellet, gas stove or heat pump; \$5000 for replacement of a hydronic heater with a new indoor ENERGY STAR gas furnace, \$6000 for hydronic heater if income qualified; \$300 for the retrofit of an existing wood stove with a new catalyst.

## PARTICIPATION REQUIREMENTS

- Must be a resident and homeowner in Wisconsin Counties of Ashland, Bayfield, Burnette, Douglas, Iron, Sawyer and Washburn; or the Tribal Reservations of the Bad River, the Lac Courte Oreilles, the Red Cliff, the Lac du Flambeau or the St. Croix Chippewa. The vouchers are for the retrofit or replacement of non-EPA certified wood stoves with new, cleaner burning devices.
- Must be currently using a non-EPA certified wood stove as a home heating source. Coal and cook stove replacements are not included. Wood stoves in workshops and sheds do not qualify. Workplaces, rental properties, seasonal or part-time properties are not eligible to apply. **NOTE: If trading out a hydronic heater individuals, churches, greenhouses and schools may apply.**
- Must trade in your old non-EPA certified wood stove, heater or catalyst for a new EPA certified wood, pellet, gas stove or heat pump only at participating retailers. List will be supplied; or
- Must trade in your hydronic heater for a new ENERGY STAR gas furnace at participating retailers. List will be supplied.

**\* To receive an "Income Qualified" voucher, you MUST provide proof of current participation in state Medicaid or a federal means-tested program that determines eligibility using the U.S. Department of Health and Human Services Poverty Guidelines, such as:**

- Supplemental Nutrition Assistance Program (SNAP);
- Head Start;
- National School Lunch Program;
- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC);
- Low-Income Home Energy Assistance Program (LIHEAP);
- Weatherization Assistance for Low-Income Persons; or
- other proof of "low income," defined as income between 100% and 185% of the federal poverty level under the Health and Human Services Poverty Guidelines.

In addition to the programs listed above, Tribal Members qualify for a voucher if they provide proof of current participation in:

- HUD
- Family Support Services
- Nurse Family Partnership (NFP)

## PARTICIPATION REQUIREMENTS (CONTINUED)

- Must have new EPA certified stove, furnace or parts professionally installed in compliance with all relevant building and fire codes. No do-it-yourself option.
- Must fully complete a voucher application form including a photo of the existing stove/hydronic heater/catalyst and any documentation required if applying for an income qualified voucher. Documentation should be a copy of your current Medicaid card (front and back), copy of an official letter certifying that you are currently participating in the federal means-tested program that determines eligibility using the U.S. Department of Health and Human Services Poverty Guidelines. In addition to the programs listed above, Tribal Members qualify for a voucher if they provide proof of current participation in: HUD; Family Support Services; Nurse Family Partnership (NFP)

Application and supporting documents should be **emailed** to: [Michelle.Edwards@Lung.org](mailto:Michelle.Edwards@Lung.org)

- Must have the voucher in hand when entering into a purchase and sale agreement with a participating retailer. The agreement should be made prior to the expiration of the voucher (4 week period). The new heating appliance does NOT have to be installed within that timeframe, but must be within 30 days of the expiration date of the voucher.
- Vouchers will be available on a first come, first served basis and only received by the American Lung Association via mail or email. **No walk-ins**. Postmark and email delivery dates will be used to establish the voucher fulfillment list and waiting list.
- Limit of one voucher per household.

## RETAILER INFORMATION

Interested retailers are asked to contact **Michelle Edwards** via email at [Michelle.Edwards@Lung.org](mailto:Michelle.Edwards@Lung.org) (preferred) or by phone **1-888-241-6566, ext. 0304** for an application to participate.

Retailers **DO NOT** need to have their business located in the program area, but need to provide service in that county.



Burning wood produces emissions that are widely recognized as harmful to human health. Many of these harmful emissions can occur both indoors and outdoors and many devices operate around the clock. People with lung disease face special risks, but so do children, older adults, people with cardiovascular disease and diabetes.

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**VOUCHERS AVAILABLE NOW.  
ACT NOW TO SAVE.**

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## Instructions and Application North Western Wisconsin

### How the Changeout Program & Voucher Work

Please review. Once signed, this is a binding agreement between the applicant and the American Lung Association. To receive and use a voucher you are agreeing to the following terms:

- 1] The American Lung Association (ALA), is offering vouchers valued between \$300 and \$6000 to homeowners in the Wisconsin Counties of Ashland, Bayfield, Burnette, Douglas, Iron, Sawyer and Washburn; or the Tribal Reservations of the Bad River, the Lac Courte Oreilles, the Red Cliff, the Lac du Flambeau or the St. Croix Chippewa. The vouchers are for the retrofit or replacement of non-EPA certified wood stoves with new, cleaner burning devices.

To qualify for a voucher, the homeowner must first complete the application. Applications for vouchers will be accepted until the program completion date or when program funding for the vouchers is depleted. This program is for homeowners and does NOT include rental properties, businesses, seasonal or vacation homes. However, churches, schools and greenhouses may apply to replace their hydronic heater. You must include a photo of the currently installed older stove with the application to be eligible for a voucher the photo must clearly show that the stove is connected and a current source of heat. Completed applications must be signed by the homeowner and mailed or emailed to the American Lung Association Program Coordinator at the address listed on the application form.

- 2] The Program Coordinator will review the applications to determine if the preliminary requirements have been met for a voucher. Qualified applicants will receive a voucher worth \$2000 toward a new EPA certified wood stove; \$2500 for an EPA certified wood pellet, gas stove or heat pump; \$4450 for income qualified participants. Income qualified vouchers may be used for an EPA certified wood, pellet, gas stove or heat pump; \$5000 for the replacement of a hydronic heater with an indoor ENERGY STAR gas furnace, \$6000 for hydronic heater if income qualified; \$300 for the retrofit of an existing wood stove with a new catalyst. Vouchers are valid for 30 days.

**To receive an "Income Qualified" voucher, you MUST provide proof of current participation in state Medicaid or a federal means-tested program that determines eligibility using the U.S. Department of Health and Human Services Poverty Guidelines, such as:**

- Supplemental Nutrition Assistance Program (SNAP);
- Head Start;
- National School Lunch Program;
- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC);
- Low-Income Home Energy Assistance Program (LIHEAP);
- Weatherization Assistance for Low-Income Persons; or
- Other proof of "low income," defined as income between 100% and 185% of the federal poverty level under the Health and Human Services Poverty Guidelines.

In addition to the programs listed above, Tribal Members qualify for a voucher if they provide proof of current participation in:

- HUD—Tribal Housing Authority
- Family Support Services
- Nurse Family Partnership (NFP)



- 3| The homeowner may only use the voucher to retrofit or replace a non-EPA certified wood stove with a new, cleaner burning device from a **participating retailer**, provided the voucher has not expired. The participating retailer will apply the voucher as an instant discount off the total price of the stove at the time of purchase. The voucher recipient is responsible for down payments or remaining balances after the voucher has been applied. No retroactive vouchers are allowed. Voucher expiration date may be extended at the sole discretion of the American Lung Association.
- 4| New, cleaner burning devices must be professionally installed in accordance with all federal, state and local laws, rules, regulations and codes. The EPA recommends that installers be National Fireplace Institute or Chimney Safety Institute of America certified (or an equivalent organization). The homeowner must select the participating retailer and the installation must be coordinated and certified by the participating retailer. No do-it-yourself installations are allowed under this program.
- 5| Older stoves that were replaced through the program must be permanently removed from service and surrendered to the participating retailer, who will render them inoperable and coordinate their disposal and recycling.
- 6| The participating retailer will take a photo of the older stove or hydronic heater prior to removing it, take a photo of the destroyed stove with doors and hinges removed and also take a photo of the replacement stove after it is installed.

[CLICK HERE](#) for a downloadable version of the form below



## Application

All sections of this application must be completed. A copy should be retained by the applicant for their records. Please carefully review the program terms prior to signing, dating and submitting your completed application with supporting documents.

Email completed applications and old stove photos to: [Michelle.Edwards@Lung.org](mailto:Michelle.Edwards@Lung.org)

For questions contact Michelle Edwards 207-624-0304 or [Michelle.Edwards@Lung.org](mailto:Michelle.Edwards@Lung.org)

### Application Information

Tribal Member:  Yes  No Name of Tribe: \_\_\_\_\_

Name: \_\_\_\_\_ County: \_\_\_\_\_

Physical Home Address (where older stove is located): \_\_\_\_\_

Mailing Address (if different): \_\_\_\_\_

If mailing address is different, explain why: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email (if available): \_\_\_\_\_

Current Wood Burning Stove: Make/Model: \_\_\_\_\_ Year Manufactured: \_\_\_\_\_

*This information is found on the back metal panel of your stove and/or estimate year of manufacture if necessary.*

I have included a picture of my older stove, hydronic heater or catalyst.

You **MUST** select a replacement type. I will switch out my old wood stove or hydronic heater for the following:

- Wood Stove.....\$2000
- Pellet, Gas or Heat Pump.....\$2500
- Income Qualified.....\$4450 (for new wood, pellet, gas stove or heat pump)
- Hydronic Heater to Indoor Gas Furnace.....\$5000 (\$6000 if Income Qualified)
- Catalyst Retrofit.....\$300

*To receive an "Income Qualified" voucher, you MUST provide proof of current participation in state Medicaid or a federal means-tested program that determines eligibility using the U.S. Department of Health and Human Services Poverty Guidelines (specific programs listed on the "Instruction" sheet. Please provide copy of the program card, front and back or copy of the approval letter with this application. Tribal Members must provide a copy of their Tribal Membership Card and current participation in: HUD-Tribal Housing, Family Support Services, or Nurse Family Partnership (NFP).*

### For Official Use Only

Postmark: \_\_\_\_\_ Voucher#: \_\_\_\_\_ Date Issued: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Payment Submitted: \_\_\_\_\_

### Additional Information

- 1| How did you hear about the Woodstove Changeout Program? \_\_\_\_\_
- 2| Why are you applying? (Please check all that apply.)  
 Not satisfied with current device     To reduce pollution  
 To save money    Other: \_\_\_\_\_
- 3| Was the voucher a significant factor in replacing your stove?     Yes     No
- 4| In a typical heating season, how many cords of wood do you typically burn? \_\_\_\_\_
- 5| Is your wood stove used as a source of heat?     Yes     No

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**I certify the following - please read and initial each item.**

- \_\_\_ a| I understand that only a currently installed and operating non-EPA certified wood stove or hydronic heaters are eligible to be replaced under this program and have included a photo with this application.
- \_\_\_ b| I understand that participants are limited to receiving one voucher per address. Workplaces, rental, seasonal or half-time properties do not qualify— only when replacing a hydronic heater, churches, schools and greenhouses may also apply.
- \_\_\_ c| I understand that applications are processed in the order they are received. Vouchers will be distributed on a first-come, first-served basis. Funding is limited; vouchers are not guaranteed. The voucher will only be valid for 30 days from the date of its issuance. Voucher expiration date may be extended at the discretion of the American Lung Association.
- \_\_\_ d| I understand that applications may only be accepted for residences **in the Wisconsin Counties of Ashland, Bayfield, Burnette, Douglas, Iron, Sawyer and Washburn; or the Tribal Reservations of the Bad River, the Lac Courte Oreilles, the Red Cliff, the Lac du Flambeau, or the St. Croix Chippewa.**
- \_\_\_ e| I understand that if I qualify, I will receive a voucher and a current list of participating retailers who will honor the voucher if it is submitted by the expiration date written on the voucher.
- \_\_\_ f| I will be replacing an operable non-EPA certified wood stove that is currently in use in my residence. The participating retailer who installs the new device is responsible for properly rendering inoperable and disposing of the old device.
- \_\_\_ g| If I choose to replace a device with funds from this program, I make a commitment to purchase a device from a participating retailer within the 30 day period and authorize the retailer to forward to the American Lung Association a notification of the purchase agreement, with verification that my existing wood stove is not EPA-certified.
- \_\_\_ h| I understand that devices purchased with funds from this program must be professionally installed and that there will be additional costs for installation and a permit from my community if required for installation. Installations must comply with all local fire and building codes. The EPA recommends that installers be certified by the National Fireplace Institute, the Chimney Safety Institute of American, or an equivalent organization. The installation must be coordinated and certified by the participating retailer.
- \_\_\_ i| I understand that I am responsible for selecting the retailer from participating retailers.
- \_\_\_ j| I understand that I am responsible to pay the retailer for the purchase price and professional installation costs of my new device, less the voucher amount.
- \_\_\_ k| I understand that I will forfeit my voucher if I provide the American Lung Association with false information, fail to obtain any required permit or if the required information is not submitted to the American Lung Association prior to the expiration date listed on the voucher.
- \_\_\_ l| The American Lung Association, does not warranty any devices purchased under this voucher program, including, but not limited to, the qualify, functionality or satisfaction of the device.
- \_\_\_ m| I understand that proper wood burning practices (e.g., burning only dry seasoned wood) and proper stove operation (e.g., maintaining a hot fire) are critical to the effectiveness of my new device.

Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# *Natural Resources Department:*

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## *Tribal Birch Pole and Twig Ordinance*

### ( ) Ordinance Title.

This ordinance shall be known, and may be cited as, the BAD RIVER RESERVATION WIIGWAAS (BIRCH) POLE AND TWIG ORDINANCE.

### ( ) Findings.

In 2016, a Birch Pole and Twig Moratorium was enacted by the Bad River Tribal Council after elders brought forth concerns regarding wiigwaas (birch) pole harvest waste generated and left unused. The elders were seeking protection for this grandfather who provides medicines, shelter, transportation, and food for our community. Prior to the changes in commercial birch demands, the Bad River Community had sustainably harvested birch bark. This ordinance is an effort to merge the two worlds and continue to support the needs of the future.

### ( ) Purposes.

This ordinance will assist the Mashkiiziibii Natural Resources Department to monitor harvest volumes and gathering locations to ensure the future of this precious resource. Currently, this regulation is exclusively for twigs. These restrictions may change as we track and monitor the uses of these trees.

Chapter 1.23 – In an effort to close the moratorium on wiigwaas (birch) twig harvesting, the following code shall be in place.

*A **Birch Twig Harvest Permit** shall be obtained from the Mashkiiziibii Natural Resources Department prior to any birch twigs being harvested.*

1.23.01 – The Mashkiiziibii Natural Resources Department issues, at no cost to the permittee, a permit that is required for tribal members to cut birch twigs.

1.23.02 – The permit will indicate where the permittee chooses to harvest birch twigs.

1.23.03 – The permit will indicate the dates (within 1 year) in which the permittee will be harvesting birch twigs.

1.23.04 – The permit will indicate the extent, or how much, birch twig product will be harvested.

1.23.05 – Permits will be made available for seasonal harvest, which will be from September 1<sup>st</sup> to March 31<sup>st</sup>. No birch twig cutting is to occur from April 1<sup>st</sup> to August 31<sup>st</sup>.

#### *Actions while harvesting birch twigs*

1.23.06 – The permit is only for the permittee that signs for the permit through the Mashkiiziibii Natural Resources Department. No helpers without permits are allowed to assist in the birch twig harvest. No non-tribal person will be allowed to be in the area of the birch twig harvest.

1.23.07 – Waste will not be tolerated. Any permittee found to be cutting saplings will risk having their permit revoked and penalties will be imposed as indicated under Subchapter D–Violations.

1.23.08 – The permit is applicable to Bad River Lands that are designated as either Tribal trust or Tribal non-trust (Formerly known as “fee”). Twigs shall not be removed from private lands or sole allotments without express written permission from the landowner or allottee carried on the permittee at the time of harvest.

*Conditions of the resource*

1.23.09 – Trees from which birch twigs are harvested must be greater than 4.4 inches in diameter.

1.23.10 – Birch twigs being harvested must not be closer than 100 feet from the center of the nearest road.

1.23.11 – No evidence of wiigwaas (birch) twig harvest shall be left at the harvest site.

1.23.12 – **No birch pole, seedling, or sapling cutting shall be allowed.**

*Violations*

1.23.13 - First offense – Seizure of harvest equipment and \$100 fine in addition to three times the wholesale value of the resource in question.

1.23.14 – Second offense – Seizure of harvest equipment and \$200 fine in addition to three times the wholesale value of the resource in question.

1.23.15 – Third offense – Seizure of harvest equipment and \$300 fine in addition to three times the wholesale value of the resource in question.

1.23.16 – Additional offenses – Shall fall in line progressively with previous offenses.

1.23.17 – on-reservation as well as off-reservation harvest and treaty rights will be relinquished until all fine(s) and court costs are paid.

Definitions.

(1.23.18 ) “DBH” – Diameter at breast height

(1.23.19) “Paper birch”– *Betula papyrifera* (Latin) or *wiigwaasaatig* (Ojibwemowin) – a short-lived species of birch native to North America. Named for its thin white bark which often peels in paper-like layers from the trunk.

(1.23.20) “Pole” – A relatively young tree that measures between 4.5” and 12” in diameter at breast height.

(1.23.21) “Sapling” – A young tree that measures between ½” and 4.4” in DBH.

(1.23.22) “Twig” – A portion of a tree that extends off of a main stem and produces leaves or seeds.

(1.23.23) “Wiigwaas” – The Ojibwemowin word for birch bark or paper birch bark.

(1.23.24 ) “Wiigwaasaatig” - The Ojibwemowin word for birch tree or paper birch tree.

## **TEST YOUR HOME FOR RADON!**

### **FREE RADON TESTING**

*From January to April 2024*

Radon does cause lung cancer and can be prevented if addressed properly. The Tribal Air Office offers free radon testing and IAQ monitoring services every year. It is easy and takes only a very short period of time to test your home for radon. If you would like to schedule testing, please use the contact information below and set a date to test your home.

**Zakkary Zander, Air Quality Technician**

72682 Maple Street

Odanah, WI 54861

Phone: 715-682-7123 ext. 1553

Email: [airquailtytech@badriver-nsn.gov](mailto:airquailtytech@badriver-nsn.gov)



# ***Food Sovereignty:***

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We would like to give the community an update on what's happening with the Fish House building. Some may remember it as the old Kraft bar, along US 2 towards Ashland. This space is being transformed into a commercial kitchen and food processing facility. There is currently a walk-in cooler, freezer, and commercial kitchen equipment for food preparation and processing. The goal of this space is to utilize it for receiving local produce, processing, making food for the community, and inviting community members to participate in food related workshops. Justin Rufus has been working on transforming this space. He is our Local Food Purchasing and Foods Distribution Specialist and is currently utilizing LFPA funding to purchase local foods for distribution among our Bad River Community. He has already gotten 5 weeks' worth of CSA boxes from Bayfield Foods Co-op and the food has gone to various departments and programs such as HeadStart, Elderly, SNAP-ed and WIC, Harm Reduction, and various community members in need. Justin is working on developing a pilot program called Food Box by Prescription in collaboration with the clinic. Our aim is to purchase as much produce locally and from our own tribal members as possible to distribute these foods back into the community helping lead to positive health outcomes. This LFPA money has also allowed Food Sovereignty to be compensated for the food we produce which is why all our produce has been free for the community. If you are a tribal producer who would like to sell foods to Justin for the Food Box by Prescription Program, please contact Justin Rufus at (715) 979-1010. The Fish House is currently waiting on plumbing and electrical work, but we hope to have it up and running by Spring. We have much to look forward to!

-Katie Koch  
Food Sovereignty Coordinator

FOOD SOVEREIGNTY DINE & LEARN EVENT

# Seed swap & Conversation

LEARN ABOUT GMO, ORGANIC, & HEIRLOOM SEEDS

SEED STARTING TIPS

BRING YOUR SEEDS TO SWAP

WE HAVE SEEDS TO GIVE-A-WAY

ENJOY A LIGHT DINNER AND REFRESHMENTS

Thurs, Feb 22nd

4 - 6 pm

AT FOOD SOVEREIGNTY

QUESTIONS? CONTACT: KATIE KOCH

FOODSOV@BADRIVER-NSN.GOV

(715) 292-8994



# Bad River Boys & Girls Club:

GREAT FUTURES START [HERE](#).



BOYS & GIRLS CLUBS  
OF BAD RIVER BAND OF LAKE SUPERIOR CHIPPEWA

## Namebini-giizis



February 2024  
Suckerfish Moon

**After School Hours:**  
Monday-Friday  
3:00-5:30pm  
Everyone  
5:30-7pm  
Teen Time  
(6<sup>th</sup> Grade & Up)

### Trips this Month

February 10<sup>th</sup>  
Men's Hockey Trip  
7-9:00  
Leave BGC @ 6:30P.M.

February 16<sup>th</sup>  
Teen Glow Snowtubing Trip  
Leave BGC @ TBD  
TBD

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Cultural Nights -Beading Club -Language Table -Craft Club -Drum Group	2 Free Choice Night	3
4	5 Club Closed -No Native Member Left Behind Campaign 2:00-6:00	6 -Gym Time -Triple Play -NBA Math Hoops	7 -Chef- In-Training -Power Hour -Triple Play -NBA Math Hoops	8 Cultural Nights -Beading Club -Language Table -Craft Club -Drum Group	9 Free Choice Night	10 Men's Hockey Game Trip
11	12 T.R.A.I.L. -Power Hour -Game Club	13 -Gym Time -Triple Play -NBA Math Hoops	14 -Chef- In-Training -Power Hour -Triple Play -NBA Math Hoops	15 Cultural Nights -Beading Club -Language Table -Craft Club -Drum Group	16 Free Choice Night -Teen Trip Glow Tubing	17
18	19 Club Closed 	20 -Gym Time -Triple Play -NBA Math Hoops	21 -Chef- In-Training -Power Hour -Triple Play -NBA Math Hoops	22 Cultural Nights -Beading Club -Language Table -Craft Club -Drum Group	23 Free Choice Night	24
25	26 T.R.A.I.L. -Power Hour -Game Club	27 Cultural Nights -Beading Club -Language Table -Craft Club -Drum Group	28 -Chef- In-Training -Power Hour -Triple Play -NBA Math Hoops	29 -Movie Night 		

### T.R.A.I.L.S- Done Monday to Friday During Club Hours

**\*Calendar is Subject to Change Without Prior Notice**  
**Dropping off and picking up your children and other stuff you should know.....**  
\* Please be **ON TIME** picking up your children. Staff are scheduled only during hours of operation; they appreciate leaving work on time.  
\* **Club Phone: 715-685-9489**





# MEN'S HOCKEY GAME

NORTHLAND COLLEGE VS RIVER FALLS

SAT, FEB 10 AT 7PM

VAN LEAVING AT 6:30PM

BRING MONEY FOR FOOD  
SPOTS FOR 13 YOUTH



BOYS & GIRLS CLUB  
OF BAD RIVER BAND OF  
LAKE SUPERIOR CHIPPEWA



CALL THE CLUB TO  
SIGN UP  
715.685.9489

# Teen Trip Glow Tubing

FEBRUARY 16TH, 2024  
6:00PM-8:00PM

ROOM FOR 13 TEENS (GRADES 6-12)

VAN LEAVING CLUB AT 4:30PM  
(RIDES HOME PROVIDED)

BRING MONEY FOR FOOD

CALL THE CLUB TO SIGN UP  
715.685.9489



BOYS & GIRLS CLUB  
OF BAD RIVER BAND OF  
LAKE SUPERIOR CHIPPEWA

# ***Bad River Health and Wellness Center:***

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Bad River Health & Wellness Center  
Dental Clinic  
53585 Nokomis Road  
Ashland, WI 54806-4272

## **FREE PREVENTIVE DENTAL SERVICES provided by Bad River Dental Clinic: Smiles on Wheels**

**Bad River Dental Clinic** is offering a preventive dental sealant and fluoride varnish program for all **Native American** children in grades K-12 in Ashland area schools. Bad River Dental Clinic will provide this school-based oral health program at **no charge to you or your family.**

**Return completed form  
on reverse side by  
Friday, September 15.**

### **What exactly does this program offer for my child?**

- Dental screening
- Dental sealant placement (if needed)
- Fluoride varnish application (2-3 throughout the school year)
- Oral health education along with a toothbrush, toothpaste, and floss
- A letter sent home explaining what services were done and the health of your child's teeth.

### **What is a sealant?**

- Dental sealants are a safe, plastic-like coating put on the top of the back teeth that serve as a barrier to the bacteria that cause decay.
- Sealants are simple and painless to place and they last a long time.
- No drilling, no needles, no pain.

### **What if my child already has sealants or visits a dentist regularly?**

- Your child will have their sealants checked to see if they need to be repaired or replaced. This program was established to monitor oral health needs and gather data in our Native American student population. Enrollment in this program is encouraged for program success even if your child receives regular dental care.

### **What is fluoride varnish?**

- Fluoride is a mineral that is painted on teeth. It helps stop cavities by making teeth stronger. The fluoride is not swallowed.
- Your child will receive a minimum of **2** applications during the school year.

**The treatment which your child will receive in this program is not meant to be an alternative to regular dental care. It is recommended that you seek a regular dental office for routine dental care, including any follow-up care which may be recommended after your child has completed this school –based oral health program.**

**Please read, complete other side, and return form to school.**

If you have further questions, please feel free to contact  
the Bad River Dental Clinic at 715-685-7887.

**[CLICK HERE](#)** for a downloadable version of the document below.  
**Please fill out and turn into dental asap.**



Bad River Health & Wellness Center  
Dental Clinic  
53585 Nokomis Road  
Ashland, WI 54806-4272

### Smiles on Wheels PERMISSION SLIP

**Bad River Dental Clinic – Smiles on Wheels (BRDC-SOW)** is offering a preventive dental sealant program for **ALL American Indian/Alaska Native (AI/AN) children** in grades K-12 of the Ashland Area Schools. A licensed dental provider will come to the school to provide the sealant program at no charge to you. **The program includes:** dental assessment, sealant application if needed, fluoride treatments, and oral health instruction. A letter will be sent home with your child to describe what was completed and what is recommended for future needs. All procedures follow recommendations from the American Dental Association and the Center for Disease Control and Prevention for school-based dental sealant programs.

Childs Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Childs Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Sex: Male or Female

Contact phone: \_\_\_\_\_ Mailing Address: \_\_\_\_\_

**YES, I do** want my child to participate in school-based dental prevention program and authorize Forward Health or any other third party insurance company to be billed for billable services.

(Please fill out the rest of the form and return to your child's school)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
(Print) parent/guardian (signature) Parent/guardian

**NO, I don't** want my child to participate in the school-based dental prevention program. (Sign and return to your child's school)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
(Print) parent/guardian (signature) parent/guardian

Reason for not participating? \_\_\_\_\_

**1) What type of DENTAL insurance does your child have?**

**Note: No student will be refused services based on their insurance coverage**

Forward Health/Medicaid/BadgerCare  Private Insurance (i.e. Delta, Cigna)  No Insurance  Other \_\_\_\_\_

Dental Insurance Company \_\_\_\_\_ Insurance ID # \_\_\_\_\_  
Card holder name \_\_\_\_\_ Card holder date of birth \_\_\_\_\_

\*\*\*\*To comply with federal confidentiality regulations, we must ask for permission annually.

*Please answer the following questions about your child: (Circle one)*

A. Does your child have any physical or mental issues? YES NO If yes, please explain \_\_\_\_\_

B. Does your child have any allergies? YES NO If yes, to what? \_\_\_\_\_

Name of your child's primary dentist: \_\_\_\_\_

The treatment which your child will receive in this program is not meant to be an alternative to regular dental care. It is recommended that you seek a regular dental office for routine dental care, including any follow-up care which may be recommended after your child has completed this school-based oral health program.

**We encourage you to reenroll your child every year to monitor their oral health needs.**



# JOIN THE BAD RIVER HEALTH & WELLNESS CENTER PROJECT TEAM!



## AVAILABLE OPEN POSITIONS:

The following are full-time, day-shift field positions, working at the project site:

- **Skilled craft professionals**
  - Assist in new construction on the project site
  - Complete various work tasks, both inside and outside the new facility
  - Follow safety procedures
  - Operate various power tools, air tools, and other related tools and equipment to complete assigned tasks
  - Background in carpentry and commercial construction preferred but not required
- **General laborers**
  - Assist trades with construction tasks, such as placing materials, pouring concrete, and general clean-up
  - Manage equipment and material inventories
  - Support daily inspections of various equipment and materials on site
  - Assist with safety controls



### HOW TO APPLY:

1. Tribal and community members interested in applying should complete the attached inquiry form and email it to [badriverworkforce@miron-construction.com](mailto:badriverworkforce@miron-construction.com) or mail to:

Miron Construction Co., Inc.  
Attn. John Lahti  
3402 Oakwood Mall Drive, Suite 200  
Eau Claire, WI 54701

2. Miron or one of its partner agencies will reach out to you regarding an interview if you meet required job qualifications.

**[CLICK HERE](#) for a downloadable version of the document below**

**Miron Construction Co., Inc.**  
**\*\* Employment Inquiry Form**

Name \_\_\_\_\_  
LAST FIRST M.I.

Address \_\_\_\_\_  
STREET CITY STATE ZIP CODE

Telephone Number HOME \_\_\_\_\_ CELL \_\_\_\_\_ Social Security Number \_\_\_\_\_  
(WITH AREA CODE)

Trade Union Member (circle one)    Yes    No                      Trade Union Affiliation \_\_\_\_\_

Tribal Affiliation \_\_\_\_\_ Enrollment Number \_\_\_\_\_

EDUCATION		
	Name/City, State	Years Completed
High School or Highest Grade Completed		9 10 11 12
College/University		1 2 3 4
Special Training/Certification/License		
Apprenticeship		

EMPLOYMENT HISTORY <small>START WITH MOST RECENT</small>				
Employer Name	Supervisor/Contact Name	Phone Number	Period Employed	Reason for Leaving

REFERENCES			
	Contact Name	Phone Number	Relationship/Association
Professional/Employer			
Professional/Co-worker			
Personal			
Other			

\*\* Disclaimer: I understand that Miron Construction Co., Inc. will not be using this information for the purposes of hiring me as an employee of Miron Construction. I further understand that this information will be used by Miron Construction to establish a pool of qualified candidates for the purpose of assisting subcontractors and other business partners with information on potential candidates to hire. I am consenting to the sharing and disclosure of any content contained within this document and any additional information with potential employers associated with Miron Construction. Applicants may be subject to drug testing prior to employment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

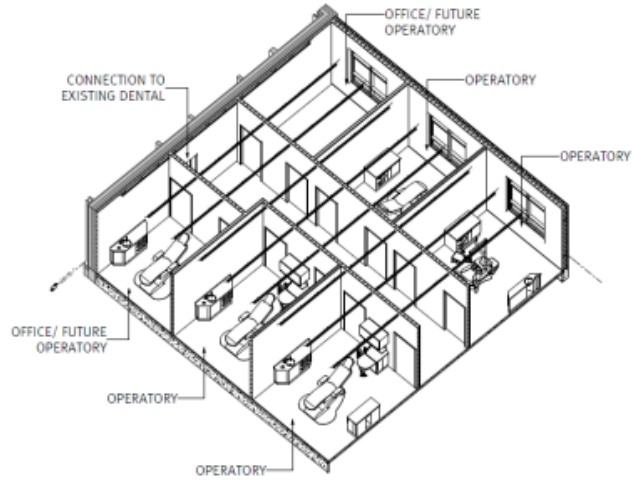
## Clinic Expansion

The dental department is getting a makeover with the expansion that the clinic is undergoing! We will be expanding our sterilization and laboratory to increase our ability to keep up with the increase in patients that we will be seeing.

The portion that patients will be most familiar with will be the new operatories. The example on the right shows how the operatory expansion will connect to the existing southeastern wall.



There will be six rooms constructed, with three being fully outfitted to see patients. We received a grant from Delta Dental to purchase equipment for these rooms. The other three rooms will be offices for the time being and if we decide to expand again, they could be easily transformed into operatories to see patients since the plumbing/electric work will be prepared. Currently the foundation work is already underway. In the near future there may be some additional noise as the expansion work continues and will likely pick up in the spring and summer again.



## We Are Not Accepting New Patients Currently

Due to the current backlog that Bad River Dental is facing with booking patients out several months we have decided we are unable to accept any more new patients. Our emergency walk-in clinic is always available for patients who are in pain. Please see the second page for additional info regarding our emergency clinic. If you are interested in establishing care or re-establishing care if you have not been seen for an exam in the last three years, please call our front desk and we will take your name and contact information to call you to schedule once we start seeing new patients again. Once we are able to catch up on the backlog of patients, we will start scheduling new patients again. We will honor the new patient exams that were scheduled prior to this decision, but if these appointments are missed rescheduling will not be possible until we re-open to new patients. We apologize for the inconvenience.



To best accommodate our current patients, we made this difficult decision. Thank you for your understanding.

## What is "Meth Mouth"?



Methamphetamine, commonly referred to as meth, is a highly addictive drug that can have severe effects on overall health and oral health. Meth



alters brain activity and can cause bruxism or grinding of the teeth. With chronic use, teeth are often neglected and routine oral hygiene does not always happen. The mouth can become dry due to the harsh chemicals. Eating/drinking habits are also often impacted since people usually crave sugary foods/drinks. The combination of the dryness, residual chemicals from drug, poor oral hygiene, and altered nutritional habits can result in the gums becoming severely irritated with eventual bone loss and cavities that are so extensive we are unable to save them. The longer and more meth that is utilized the more effect there is on the teeth and gums.



Normal business hours 8:00 – 4:30 PM  
Monday – Friday  
Closed for tribal holidays

Upcoming closure dates:  
1/15/24, 1/31/24 PM, 2/19/24

Direct dental phone number:  
(715)685-7887

## Services we offer:

Call us with any questions or to schedule your appointment today!



- Comprehensive and periodic exams to monitor your oral health with radiographs
- Prophylaxis: regular dental cleanings
- Sealants: protective covering in deep pits/grooves of teeth to help prevent cavities
- SRP: scaling and root planning, aka “deep cleanings” for patients with periodontal disease
- Fillings: removal and replacement of cavities, replacement of missing tooth structure
- Root canals: removal of nerve within the tooth with a filling put inside tooth
- Extractions: pulling teeth
- Biopsies: testing of suspicious tissue
- Invisalign: removable trays to align teeth
- Whitening trays: trays that fit over teeth to put whitening gel in
- Crowns: full coverage restoration of teeth, aka “caps”
- Implant crowns: caps over screws that are placed in the jaw  
\*We are not placing implants\*
- Brides/fixed partial dentures: full coverage restorations that stay in your mouth with pontics or “hanging teeth” to fill in a space or two
- Removable partial dentures: prosthesis that is removed nightly to replace teeth
- Complete dentures: full set of fake teeth that you remove nightly
- Other miscellaneous surgeries



Crown



Bridge/fixed partial denture

As an IHS clinic we offer our direct services at no charge to tribal members from any reservation regardless of insurance status.

Direct services include things that we do directly at our clinic: exams, cleanings, fillings, root canals, and pulling teeth.

Services that have a fee include things we need to send off to a lab such as: crowns, bridges, partials, dentures, Invisalign



Removable partial denture



Complete dentures



Example of dental emergency with lower right side of the face swelling from infected tooth.

**Please bring a current medication list!**

Bad River Dental has an emergency walk in clinic. If you have emergency needs such as facial swelling or uncontrollable pain, we encourage you to come in from 12:30 – 3:00 Monday – Friday on days the tribe is open. Once here, you will be evaluated and seen based on severity.

If patients of record have an urgent need such as a broken tooth without pain, please call us at (715)685-7887. If no answer, feel free to leave a voicemail.

Dental fun fact:

When we take teeth out we utilize an elevator to loosen the tooth.

Ojibwe dental word of the month:

incisor tooth (teeth) =  
niigaaniwiibid(an)

Please email [v.gokee@badriverhwc.com](mailto:v.gokee@badriverhwc.com) with any questions or topics you would like addressed in next month's issue! All submissions will remain anonymous.

## Dental emergency vs a dental urgency

Emergency patient: someone in need of immediate care and attention. Emergent needs include: significant pain, noticeable swelling on the face, difficulty opening their mouth and/or someone who has sustained trauma to the face within the past 24 hours.

If you have trouble breathing, swallowing your own spit, or swelling below the jawbone [please go to the ER.](#)

Urgency patient: someone in need of swift dental intervention. Urgent needs include: front tooth chip, broken dentures, lost crown/temporary on teeth without root canals, or need for medical clearance for surgery. These appointments can be scheduled and do not need to walk-in for patients of record. Feel free to walk in, but emergent needs will be seen first.

**For patients who have not established care please walk in for these needs as well, just know there may be a wait since emergent needs will be seen first.**

Miigwech for reading, please be on the lookout for our next monthly issue!



### Works Cited

- “Meth Mouth.” *MouthHealthy*, [www.mouthhealthy.org/all-topics-a-z/meth-mouth](http://www.mouthhealthy.org/all-topics-a-z/meth-mouth). Accessed 8 Jan. 2024.
- Pabst, Andreas, et al. “Meth Mouth—a growing epidemic in dentistry?” *Dentistry Journal*, vol. 5, no. 4, 2017, p. 29, <https://doi.org/10.3390/dj5040029>.
- Shetty, Vivek, et al. “Dental disease patterns in methamphetamine users.” *The Journal of the American Dental Association*, vol. 146, no. 12, 2015, pp. 875–885, <https://doi.org/10.1016/j.adaj.2015.09.012>.
- Stanciu, Cornel N., et al. “‘Meth mouth’: An Interdisciplinary Review of a dental and psychiatric condition.” *Journal of Addiction Medicine*, vol. 11, no. 4, 2017, pp. 250–255, <https://doi.org/10.1097/adm.0000000000000316>.

# *Bad River Family & Social Services:*



# FOOD SHELF DRIVE

**Help us stock the food shelf!  
Now accepting donations of  
non-perishable food and  
personal items. Together, we  
can make a positive impact  
and support families within  
our community.**

**DROP OFF LOCATION**  
Bad River Community Center  
72772 Elm Street, Odanah, WI 54861  
Monday through Friday | 8am to 4:30pm  
We will not accept any expired food items

## **Most Needed Items**

- Heat and eat entrees
- Can openers
- Soup and crackers
- Peanut butter and jelly
- Oatmeal and cereal
- Canned tuna, chicken, spam
- Personal hygiene items
- Pasta and sauce
- Pancake mix and syrup
- Instant rice and side dishes





**MASHKIIIZIBII**

# WARMING CENTER



- ✓ Open 24 hours a day - 7 days a week
- ✓ Peer Specialist services available
- ✓ For Bad River Tribal members only
- ✓ Provides a safe and warm space
- ✓ Connection to local programs
- ✓ Check-in daily from 5pm to 10pm

## CONTACT US



Telephone  
**(715) 685-7840 ext. 1456**



Address  
**53751 Pine St, Odanah, WI**







# FREE EMERGENCY CONTRACEPTIVE

AVAILABLE AT HARM REDUCTION BUILDING  
-CONTACT-  
LISA (715-292-3500) OR ELI (715-292-2644)





*Noodendamigizhigad*

**BI-WIJI'ISHINAAM...JOIN US!!**

ARC, CHILDCARE &  
FAMILYFOUNDATIONS ARE HOSTING  
A FAMILY VALENTINE'S DAY EVENT

**FEBRUARY 12TH 2024 -  
COMMUNITY CENTER @ 5PM**

Zaagi'idiwin  
LOVE

Please RSVP via email:  
[bzddd@badriver-nsn.gov](mailto:bzddd@badriver-nsn.gov)

**homeenergy+**

We're here for  
**YOU**



***"It makes a difference in my life and I appreciate the help. I am very grateful."***

Recipient of Energy Assistance and Weatherization Assistance

**homeenergy+**

### **For More Information**

or to locate your local agency  
call toll free 1-866-HEATWIS (432-8947)  
or visit <https://energyandhousing.wi.gov/>



### **Other Energy Resources**

#### **KEEP WISCONSIN WARM/COOL FUND**

1-800-891-WARM (9276)  
[www.kwwf.org](http://www.kwwf.org)

#### **HEAT FOR HEROES**

1-800-891-9276  
[www.heat4heroes.org](http://www.heat4heroes.org)

#### **FOCUS ON ENERGY**

1-800-762-7077  
[www.focusonenergy.com](http://www.focusonenergy.com)



### **Weatherization Assistance Program**

The Weatherization Assistance Program helps homeowners and renters reduce energy costs while increasing comfort in their homes. Weatherization improvements may also make your home environment healthier and safer. Improvements are installed by the local weatherization agency in your area.

If your residence qualifies for weatherization services, you may receive one or more of the following energy efficiency measures:

#### **► Insulation**

Adding insulation to the attic, walls, and crawlspace helps reduce energy use and increase comfort.

#### **► Sealing Air Leaks**

Sealing air leaks reduces cold drafts caused by gaps or cracks in the home's structure and may improve indoor air quality.

#### **► Heating System Update**

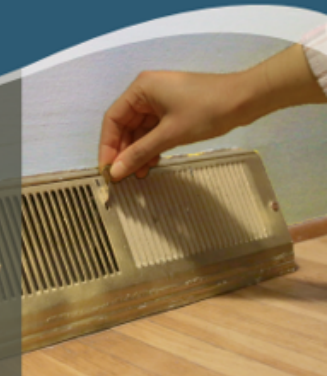
Repairing or replacing an inefficient furnace or boiler will save energy and money.

#### **► Energy-Saving Products**

Installing water-saving faucet aerators and shower heads and ENERGY STAR® LED bulbs will reduce your energy needs. Replacing an old refrigerator or freezer with a new ENERGY STAR qualified model will also save energy.

### **Furnace Efficiency and Comfort**

To improve your comfort and maximize the efficiency of your furnace, move any furniture, appliances, curtains, or rugs blocking air registers or vents.





## What is *homeenergy+*

Home Energy Plus (HE+) includes the Wisconsin Home Energy Assistance Program (WHEAP), Weatherization Assistance Program, and HE+ Program Services. WHEAP provides assistance for heating costs, electric costs, and energy crisis situations. Weatherization helps renters and homeowners reduce their energy consumption. The HE+ Program Services provides services to eligible homeowners and some renters to repair or replace their heating systems, leaky or non-working water heaters, leaky fixtures, toilets, and piping. Operating with federal and state funding, the programs provide energy assistance payments to over 200,000 households and weatherization services to over 6,000 households in Wisconsin each year.

### Who is eligible?

Your household may be eligible for the Wisconsin Home Energy Assistance Program (WHEAP), Weatherization Assistance Program, and the HE+ Program Services based on a number of factors. If your household gross income (before taxes and other deductions) is less than the amount shown on the chart below, you may be eligible. You can apply at your local WHEAP agency, online, or by phone.

Household Size	ONE Month	Annual Income
1	\$2,820.67	\$33,848
2	\$3,688.58	\$44,263
3	\$4,556.50	\$54,678
4	\$5,424.50	\$65,094
5	\$6,292.42	\$75,509
6	\$7,160.33	\$85,924
7	\$7,323.00	\$87,876
8	\$7,485.75	\$89,829

The HE+ Program uses a previous one month gross income test which is annualized to determine program income eligibility. Income for people who are self-employed, farmers, or seasonal workers is based on federal income tax forms for the previous year.

### What is the Wisconsin Home Energy Assistance Program and how does it work?

WHEAP assistance is a one-time payment during the heating season (October 1-May 15). The funding pays a portion of energy costs, but it is not intended to cover the entire energy costs of a residence. The amount of the energy assistance benefit depends on a variety of factors, including the household's size, income, and energy costs. In most cases, the energy assistance benefit is paid directly to the household's energy supplier.

### What types of energy bills are eligible for assistance?

Homes heated with wood, propane, natural gas, electricity, or fuel oil can receive energy assistance. Your household may also be eligible to receive a payment for your non-heating electric costs through funding provided by Wisconsin's Public Benefits Program.

### If you currently do not have heat or may be disconnected

Crisis assistance may be available if you have no heat, have received a disconnect notice, or are nearly out of fuel and are unable to purchase more. WHEAP agencies provide a 24-hour crisis phone number to help with emergencies after business hours. Non-emergency assistance may include information on how to reduce energy costs, counseling on budgeting and money management, and payments to an energy provider.

### Furnace/boiler repair and replacement

The HE+ Program Services can assist eligible homeowners and some renters whose furnace or boiler stops operating. The program can pay for repairs or, in some situations, a total replacement of a non-operating system. Call your local WHEAP agency or the statewide Customer Care Center (1-800-506-5596) immediately if you are experiencing a no-heat situation.



#### LED DECORATIVE LIGHTNING

Consider using LED decorative lights. They last longer and use up to 93% less energy than standard mini lights. Put your lights on timers or light sensors to save even more energy.

**For more information or to locate your local agency**  
call toll free 1-866-HEATWIS (432-8947)  
or visit <https://energyandhousing.wi.gov/>.

**Apply online for WHEAP benefits**  
at <https://energybenefit.wi.gov/>.

Program services are available without regard to race, color, gender or gender identity, sexuality, age, religion, national origin, or mental or physical disability.

Apply online for WHEAP benefits at <https://energybenefit.wi.gov/>. To complete a phone application, call your local agency or call our statewide Customer Care Center at 1-800-506-5596.

# *Bad River Senior Services Department*



# Medicare

# Medicaid



WEDNESDAY FEBRUARY 14TH  
11:30AM-1:30PM

# MEDICARE MINUTE MEET & GREET

At the Bad River Elderly Center

This Month's Topic will be:  
**Money Management**



Please join us the 2nd Wednesday of each month to answer enrollment and benefit questions you might have.

Wendy Corbine, Economic Support Program Manager, Bad River Social Services

Rachel Coughtry, Tribal Disability Benefit Specialist, Great Lakes Inter-Tribal Council

Charmaine Couture, Family Resources Manager, Bad River Social Services

Nona Crowe, Medical Benefits Specialist, Bad River Health & Wellness Center

Kassy Heard, Senior Medicare Patrol, Great Lakes Inter-Tribal Council

Lisa Ludwig, Tribal Elder Benefit Specialist, Great Lakes Inter-Tribal Council



# FEBRUARY

## NAMEBINI-GIIZIS SUCKER MOON(FEBRUARY)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Please Call to Make a Reservation 715-682-7150			1 Sliced Ham Cheesy Whole Grain Noodles Bread, Cali-Blend Fruit	2 CLOSED In-Service	3
4	5 Pea Soup w/ Ham Deli Meat Sammy Lettuce & Tomato Salad, Orange	6 Smoked Sausage Garlic Butter Noodles Baby Carrots Jello w/ Fruit	7 Baked Chicken Mashed Potatoes w/ Gravy, Corn w/peppers Dinner Roll Yogurt	8 Pulled Pork on Bun Tator Tots Green Beans Pudding Cup	9 Beef Broccoli Brown Rice Egg Roll Fortune Cookie Pineapple Tidbits	10
11	12 Cabbage Roll Soup Ground Bologna Sandwich on WW Fruit Cup	13 Cheesy Chicken Enchilada Casserole, Spanish Rice Seasoned Black Beans Lettuce & Tomato Cup Fruit	14 <b>HAPPY VALENTINE'S DAY</b> Chili Frybread, Cottage Cheese w/Peaches Cookie	15 Turkey Gravy over Stuffing, Mashed Sweet Potatoes 5 way vegies Cranberry Sauce	16 Spaghetti w/ Meat Sauce Green Beans Vienna Bread Jello	17
18	19 CLOSED PRESIDENTS DAY All Tribal Offices Closed	20 Potato Soup w/ Ham Egg Salad on WW Lettuce Salad Apple	21 Boneless Pork Chop AuGratin Potatoes Roasted Veggies Birthday Cake	22 Cheeseburger on Bun Tator Tots, Green Beans, Pickle chips Tomato/Lettuce Cup Pudding Cup	23 Hot Tuna Casserole Peas Cottage Cheese w/ Peaches Home Made Biscuit	24
25	26 Chicken & Rice Soup Roast Beef & Cheddar on WW Lettuce Salad Fruit Cup	27 Beef Stroganoff over Noodles Peas & Carrots Dinner Roll Jello	28 Hot Dog on Bun Potato Wedges Baked Beans Coleslaw w/ Fruit	29 Stuffed Pepper Casserole Corn Dinner Roll Fresh Pear	<b>Menu is subject To Change</b>	

2024

# FEBRUARY Activities

## NAMEBINI-GIIZIS SUCKER MOON(FEBRUARY)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	For more information or questions, call 715-682-7150			1	2 CLOSED In-Service	3
4	5	6 Casino Elderly Breakfast 8-10 am	7 Blood Pressure & Glucoses Monitoring 11:45-1pm	8	9	10
11	12	13	14 <b>HAPPY VALENTINE'S DAY</b> Nona Crowe Medicare Minutes 11:30-1:30pm <b>Cake Walk 1:15 pm</b>	15	16 Last day to register for Ribbon Skirt Class Limited number of openings	17 Winter Trap & Snare event at Elmhoist Camp. For more info 715-292-2750
18	19 CLOSED PRESIDENTS DAY All Tribal Offices Closed	20 WHEAP Elder Outreach 10-2pm Elderly Advisory Board 1pm	21	22 Ribbon Skirt Class – 1:30-3:30pm  Seed Swap at Food Sovereignty 4-6pm	23 Last day to sign up for GLNAEA.	24
25	26	27	28	29 Ribbon Skirt Class – 1:30-3:30 pm	<b>Menu is subject To Change</b>	

2024



## *Bad River Elderly News - February 2024*

Boozhoo, It's been a while since we've been able to get out a newsletter due to a number of factors, anyway it's hard to believe February is in a couple of days and the weather is nice.

\*Some staffing additions, we have a new assistant cook, Lisa Carrasco, who has been a great addition to our staff. She comes to us with many years of experience in homemade quantity cooking. She started with us Thanksgiving week. We also have a Memory Care Coordinator, Lana Olby who became part of Elderly in November. This is a new position so she's doing training and will be shadowing other tribal Memory Care Coordinators before heading out within the community. And as of January 8, we have Colleen Goetsch as the Administrative Assistant. Unfortunately, John decided to retire from delivering meals, so we have that position posted.

A lot of changes, but we still continue to get the meals made everyday for homebound & congregate dining.

\*New to the Menu is we're putting activities on the back. We might miss some but are trying to get a little better every month.

\*The *February Casino Elderly breakfast* is scheduled for Tues 2/6 from 8am -10 am. Normally we'd be closed that day, but due to being closed on Friday 2/2, we will serve lunch.

\*On Wednesday February 14<sup>th</sup>, Elderly will be sponsoring a "Cake Walk" after dinner at 1:15pm. Last year the elders who attended enjoyed themselves. Anyone wanting to bring a cake or baked goods for this event is welcome to do so. If you're planning on coming for dinner that day, please call 715-682-7150 for a meal reservation the day before.

\*The monthly *Elder Advisory Board* meeting is scheduled for Tuesday February 20<sup>th</sup> at 1 pm here at the Elderly Nutrition Site.

\**The Judicare Wills Caravan* will be back in Bad River at the Convention Center on March 12, 2024 from 9am – 5 pm. This will be on an appointment basis. Application forms are available at the Elderly Nutrition Site. Please return the filled out application form asap, so appointment time can be assigned.

\*If there are any Bad River Elders who would be interested in becoming a member & attending *GLNAEA (Great Lakes Native American Elder Association)* meetings quarterly. The first meeting of 2024 is March 6 & 7<sup>th</sup> in Oneida. Transportation is provided. Contact Jean for more information. Sign up will close on Friday February 23, 2024.

\*Back by popular request will be the *Elder Ribbon Skirt Class*. This will be for elders that didn't attend pre Covid. Last day to register is Friday 2/16. Space is limited.

\*Just a reminder if you receive home delivered meals – please have your walkway clear of snow & ice for our drivers.

\*The “*Comment*”, “*Complaint*”, “*Suggestion*” locked box is back. Complaints will be confidential, any other comments or suggestions will be routed accordingly. We encourage your input, either home delivered, or in house to use a sealed envelope to put in the box.

Feel free to contact Aging Unit staff with any questions: 715-682-7150.

Jean Hahn-Thomas, Aging Manager [AgingDirector@badriver-nsn.gov](mailto:AgingDirector@badriver-nsn.gov); ext 1495

Colleen Goetsch, Administrative Assistant [AgingAsst@badriver-nsn.gov](mailto:AgingAsst@badriver-nsn.gov); ext 1496

*Have a Wonderful Weekend and Happy Valentine's Day!*

*The Elderly Crew: Jean, Colleen, Deb, Lisa, Dante, Lana, and Ray.*