

# Bad River Social and Family Services

## KEITH AND VAL SMITH Traditional Medicine Consultations

May 25 and 26  
Sponsored by the Zhawenindig Program  
Call (715) 682-7151 to make an appointment



Bad River youth, Everett Maday, collected and donated food and personal care items to the food shelf as part of his community service project for school. On the day of delivery, he also brought donuts for Social Services staff to thank them for all they do for the community!

May 5 is Day of Awareness for Missing and Murdered Indigenous People. Native people are at a disproportionate risk of experiencing violence, crime, or going missing. If you or someone you love needs support, reach out. There are people and places available to help.

**WEAR RED**

### Resources

- Bad River Zhawenindig Program Services  
(715) 682-7151
- National Human Trafficking Hotline  
1-888-373-7888
- Strong Hearts Native Helpline  
1-844-7NATIVE

### MAY IS MENTAL HEALTH AWARENESS MONTH

Many factors come into play when it comes to mental health. Take some time to look around and make note of your surroundings and look within to see how they might be affecting you. Watch for various May awareness activities focused on mental health.



### IMPORTANT DATES

- May 3:** Elderly Blood Pressure Clinic
- May 5:** Wear RED Day
- May 10:** Mother's Day Event
- May 11:** Elderly Mother's Day Lunch
- May 12:** Wear GREEN Day
- May 17:** Bad River Tribal Career Fair
- May 17:** Elderly Advisory Meeting
- May 18:** Mental Health Family Night
- May 25:** Traditional Medicine Consults
- May 26:** Traditional Medicine Consults
- May 26:** Wear GREEN Day
- May 26:** Mental Health Awareness Walk
- May 29:** CLOSED Tribal Holiday
- May 30:** Honor Our Women Event

## Honor Our Women

*A special event to celebrate womanhood*

On May 30 from 5 pm to 7 pm at the Community Center  
Dinner | Honor Basket Raffle | Slide Show  
Event is for women 18+ only

To register, email [SFSReception@badriver-nsn.gov](mailto:SFSReception@badriver-nsn.gov)  
For childcare, email [childcare@badriver-nsn.gov](mailto:childcare@badriver-nsn.gov)

## OMAAMA-AWI-GIIZHIGAD

YOUTH CAN PLANT A FLOWER AND MAKE A  
CARD FOR MOTHER'S DAY!



MAY 10 ~ 5 PM ~ CENTER

Email [BZDDD@badriver-nsn.gov](mailto:BZDDD@badriver-nsn.gov) to register  
Sponsored by ARC and Childcare programs

## OJIBWEMOWIN

Waabigwani-giizis: May  
Omaamaawi-giizhigad: Mother's Day  
Nimaamaa: My Mom  
Nookomis: My Grandmother  
Ninzigos: My Auntie  
Nimise: My Older Sister  
Miikawaadizi: She is beautiful  
Gizhewaadizi: She is kind  
Gizhawenimin: I Love You  
Waabigwan(iin): Flower(s)