



Want to make a difference?
Take 



Youth and Adult Mental Health First Aid

Join the movement

64.1% of youth with major depression do not receive any mental HEALTH TREATMENT.

*Sometimes first aid isn't a bandage or CPR. Sometimes first aid is **YOU.***

Offered for free through a partnership with UW-Madison Extension and NAMI Douglas County

Adult Mental Health First Aid

*****NEW DATE*****

**When: Friday, December 10th, 2021
9 am - 4 pm**

2 hours self-paced pre-work required

Where: Bad River Casino & Convention Center

Pre-registration by Nov. 29th

Sign up at: <https://bit.ly/3CLnFM2>

Use your smartphone camera to scan this QR code to register



Youth Mental Health First Aid

**When: Wednesday, Nov. 10, 2021
9 am - 3 pm**

2 hours self-paced pre-work required

Where: Bad River Casino & Convention Center

Pre-registration by November 2nd

Sign up at: <https://bit.ly/2VTBIEd>

Use your smartphone camera to scan this QR code to register



Mental Health First Aid USA is a training to teach participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it helps trainees identify, understand and respond to signs of mental illnesses and substance use disorders.

Bad River Casino
and
Convention Center
73370 US-2,
Ashland, WI
MAP

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Extension

UNIVERSITY OF WISCONSIN-MADISON
DOUGLAS COUNTY



nami

National Alliance on Mental Illness