



Bad River Health and Wellness Center

53585 Nokomis Road
Ashland, WI 54806-4272

COVID-19 Daily Update

May 6, 2021 2:00 p.m.

Updated Numbers

Total Tested at BRHWC:	10,037
Total Active Positive Cases in Bad River	0
Active Monitoring (due to Isolation or Quarantine)	0
Deaths of Community Members	3

Bad River Health and Wellness Center reports NO new positive case of COVID-19 on 05/05/2021. These numbers are up to date as of 2:00 p.m. on 05/06/2021.

To date, there have been a total of 193 positive cases in Bad River. So far we have 191 recovered cases. One community member was not living in our county at the time of illness and death which is why you see the discrepancy in numbers.

If you have questions, you may contact:

Randy Samuelson, Clinic Administrator

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Robert Houle, Assistant Clinic Administrator

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Stress Management

It is normal to feel sad, stressed, confused, scared or angry during COVID-19 outbreak, but you can help yourself through several ways.

What can you do about it?

- Understand the risk and allow yourself time and space to express your feelings about what happened. Be patient with your emotional state, as it is normal to experience mood fluctuations.
- Take steps to get the facts, stay up to date on what is happening, while limiting your media exposure. Avoid watching or listening to news reports 24/7 since this tends to increase anxiety and worry.
- Stick to routines, or develop sustainable new ones (showering, exercising, getting dressed, etc.).
- Structure work routines at home.

Stay Safe and Be Well

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