



Bad River Health and Wellness Center

53585 Nokomis Road
Ashland, WI 54806-4272

COVID-19 Daily Update

December 30, 2020 9:00 a.m.

Updated Numbers

Total Tested at BRHWC:	5201
Total Active Positive Cases in Bad River	5
Active Monitoring (due to Isolation or Quarantine)	33
Deaths of Community Members	2

Bad River Health and Wellness Center reports ONE new positive cases of COVID-19 on 12/29/2020. These numbers are up to date as of 9:00 a.m. on 12/30/2020. To date, there have been a total of 158 positive cases in Bad River. So far we have 153 recovered cases.

If you have questions, you may contact:

Randy Samuelson, Clinic Administrator

r.samuelson@badriverhwc.com

Robert Houle, Assistant Clinic Administrator

r.houle@badriverhwc.com

COVID-19 can be stressful. Here are some things to look for:

An increase or decrease in energy and activity levels.

Having trouble relaxing or sleeping.

Not wanting to eat or eating too much.

Worrying much more than usual.

Feeling depressed, anxious, or fearful.

An increase in alcohol or use of drugs.

An increase in frustration with outbursts or anger and frequent arguing.

If you are experiencing any of these, please reach out to your physician to discuss your symptoms.

REMEMBER TO GET YOUR FLU SHOT!

Stay Safe and Be Well

Pam Feustel 715-292-7368

Tina Gerovac-Lavasseur 715-292-2527