April 7, 2020 Bad River Public Health News COVID-19



A Message to Our Community New guidance from the CDC states that you should cover your nose and mouth with a cloth face cover when around others. The only exception to this would be those under 2 and individuals who have trouble breathing. More information can be found at

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/ prevention.html Wisconsin Data: NegativeTest results: 2,6574

Positive:Test Results: 2440

Total Deaths:77

Travel Advisory

Bad River tribe is asking everyone to avoid travel for the safety and well-being of our communities. This travel advisory includes:

- Travel of any distance
- Travel throughout the state
- Travel between states
- Travel from larger urban areas where COVID-19 is community spread to the Bad River Reservation.

COVID-19 is spreading in every state, and travel increases your chances of getting and spreading the virus. Bad River has limited resources as the Bad River Lodge and Casino is closed. Closely packed housing and group living quarters have accelerated transmission, disproportionately affecting older adults and people with compromised health.

If you have recently traveled to or from the Bad River reservation, please follow Self-Quarantine guidance.

- Stay home until 14 days after arrival and maintain a distance of at least 6 feet from others.
- Self-monitor for symptoms
- Check temperature twice a day
- Watch for fever3, cough, shortness of breath
- Avoid contact with people at higher risk for severe illness, unless they live in the same home and had same exposure.

Recommended Preparations...

In order to prevent the spread of infection, individuals who have been asked to stay home or asked to selfquarantine, consider what you will want to have on-hand:

- Thermometer
- Prescription medication
- Over-the-counter medicine
- Feminine hygiene products
- Toilet paper
- Alcohol-based hand sanitizer
- Vitamins
- Soap and other toiletries
- Household cleaning supplies, including products that kill germs
- Laundry detergent
- Tissues, paper towels
- Food and beverages
- Pet supplies
- Any other essential items you would need for 14 days

It is important that we MUST continue to follow Social Distancing and Safer at Home Guidelines in order to Flatten the Curve during this COVID-19 Pandemic. <u>Stay Safe and Be Well!</u>