In the midst of one of the most fearful times in world history, good news has been a rare commodity. But for many Tribal residents, good news arrived on March 27 in the form of a memo from the office of Jennifer Toribio-Warren, Executive Director of the Bad River Housing Authority.

Welcome to Rent-Free April! “As we continue to closely monitor coronavirus (COVID-19) developments, the health and wellbeing of our employees, families and community members is our greatest concern,” Toribio-Warren said in a widely circulated release, which also appeared on Page 12 of the April 1 edition of the “Drum Beats” newsletter.

“In this time of hardship, the Bad River Housing Authority (BRHA) will suspend all rent and other payments due for the month of
April. Suspending such payments during April is an important step in helping the community survive this historically difficult time. BRHA hopes this will help provide some peacefulness, as you will need to provide for your family.”

To be sure, these are cancelled payments NOT postponed. There will be no pay-back-time for those who benefit from this program and have recently suffered the loss of a paycheck.

“The rent payments for April will be completely dropped,” she assured, adding that “roughly 170 families” will benefit from the program.

Of course, Toribio-Warren leads a team effort at the Housing Authority. Members of her staff include Arthur Schenk, assistant director; Lourace Couture, accounting technical assistant; Tim Brown, project manager; Taylor Rosin, bookkeeper/receptionist; housing managers Raeann Bender and Micki Corbine; and Kyle Boswell, inventory/warehouse clerk.

“A Chi Miigwech to the Housing staff for all their assistance and support in this difficult time,” she said. “They have really come together to make sure the essential duty and operations continue during this time.”

And fortunately for the Bad River Community, Toribio-Warren also wears a hat more important than “executive director” – she’s a mom, too.

“As a mother of two teenagers; I know how expensive it is to buy extra cleaning supplies and food. Especially when it was not planned for,” she said. “Some have lost their jobs or have had their hours cut. Providing a rent-free April, really will help out with those extra expenses.”

Toribio-Warren said the idea of a rent-free April was first discussed in the COVID-19 meeting, hosted by the Office of Native American Programs. She said this decision did not require a vote of approval from The Bad River Tribal Council, because such action was not required by the Department of Housing and Urban Development.

“I must say when mentioning the idea during Emergency Response Meetings with Tribal Council attending and when giving the Housing Board updates to board members, everyone seemed to be supportive,” Toribio-Warren said.

On March 17, Chairman Mike Wiggins, Jr. and the Bad River Tribe declared a Public Health Emergency.

BRHA will be cutting back on non-essential services such as modernization work, painting, cabinet repairs, flooring, etc., Toribio-Warren said. She added that the BRHA operations will continue during this pandemic; however, its office will be closed to the public until further notice.

She said the rent-free policy applies to Housing Authority low-income rental units, tax credit, the Native American Housing Assistance and Self-Determination Act, Federal Emergency Management Agency (FEMA) payments and transitional rents. The “other payments” category in the rent-free April policy are for the non-typical rent charges, she said. For example, the FEMA loan payback.

Toribio-Warren said she did not think rent-free April would create a financial hardship for neither the Housing Authority nor the Bad River Tribe. The focus, she stressed, is not on money.

“We are going to have that financial burden; however, the health and safety of our families are most important,” she said. “At this time, Housing is looking out for the health and safety of the community. These funds will hopefully be picked up in some of the government relief plans but are not our concern at this critical moment.”

Send email to Richard J. Pufall at NewsLetter@BadRiver-nsn.gov
Social-distancing still best medicine

By Richard J. Pufall
For the Bad River Band

The numbers here remain small, but the potential danger still looms large as the Bad River Health and Wellness Center stays the course to prevent the spread of COVID-19, the coronavirus.

And the Public Health Nurses on staff believe they have the testing equipment the Reservation needs while the state, nation and world battles this frightening pandemic.

Those nurses, Pamela Feustel and Tina Gerovac-Lavasseur, have been working diligently to keep COVID-19 under control.

Many locations around the world have been woefully lacking in testing kits to monitor COVID-19.

“We are very fortunate here at Bad River Health and Wellness Center as we do have test kits available,” Feustel said. “While they can be difficult to acquire, at this time we have an adequate supply and will continue to test according to CDC (Center for Disease Control and Prevention) guidelines.”

As of early this morning, April 15, the coronavirus had attacked 212 countries around the world, with 1,917,340 reported positive cases and 126,213 deaths.

In the United States there have been 579,526 positive cases with 23,477 deaths.

In Wisconsin 3,555 people have tested positive with 172 deaths. Just two positive cases have been reported in Ashland County, an increase of one over the last two weeks.

On the Bad River Reservation there has still not been a positive case of the coronavirus reported.

However, the Daily Press in Ashland reported on Saturday, April 4 that only 89 people among a total combined population of 32,000 in Ashland and Bayfield counties have been tested, making the comforting low number of reported cases here seem misleading.

“Unfortunately, we cannot verify that number as there are several clinics as well as the area hospital that have the capability to test,” Feustel said. “There are also a lot of factors that come into play, such as specific facility supplies and policy. “What we do know, is that while the statistic is potentially misleading, if not everyone is tested that does not negate the fact that testing alone will not cure COVID-19, only social-distancing and following the ‘Safer at Home’ order will ensure we are doing our best as a community to stop the spread of the virus.”

Feustel said the Health and Wellness Center has the capability to collect the specimens. Currently, once collected, the specimens are sent out to a laboratory to obtain results, she said.

“Our Public Health Nurses follow up with patients who have been tested daily while they are waiting for results,” Feustel said.

The Daily Press also reported that only “Tier 1” patients are tested – meaning those who are the highest priority and are already quite sick. That is not the case on the Bad River Reservation, according to Feustel.

“Again, each facility has

Continued below, on Page 4
protocol in place,” Feustel said. “Many places are only testing Tier 1 and Tier 2 patients, however, that is up to each provider’s discretion as when to order a test. Currently, the Bad River Health and Wellness Center is testing patients from all four tiers.”

Feustel remains impressed and heartened by the response of the Bad River Community to the threat of this pandemic. “I continue to be inspired by the people of our community daily,” she said. “We continue to take care of one another by reaching out and ensuring everyone has the essential items to stay well. The strength of the Bad River Community comes from within and the fact that we are now, and always will be here to support one another.”

She said new guidance from the CDC strongly suggests that people should shield their noses and mouths with a cloth face cover when around others. The only exception to this would be those under 2-years-old and individuals who have trouble breathing.


“It is important to remember that we MUST continue to follow social-distancing and ‘Safer at Home’ guidelines in order to Flatten the Curve during this COVID-19 Pandemic,” Feustel said. “Stay Safe and Be Well.”

Send email to Richard J. Pufall at NewsLetter@BadRiver-nsn.gov

Says Pamela Feustel, Public Health Nurse: “We are very fortunate here at Bad River Health and Wellness Center as we do have test kits available.”
Tribal Mission Statement:
To work toward a more progressive, financially stable government; to maintain Tribal Sovereignty; and enable members to progress individually, toward a more fulfilling life culturally, spiritually, and economically.

‘Mino-dibishkaan’ to our Elders

Taking the cake, in April

<table>
<thead>
<tr>
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<th>April 17</th>
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<td>Jerry Stafford</td>
<td>Edward White</td>
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<td>April 8</td>
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<td>Victoria Wherley</td>
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<td>Robin Powless</td>
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<td>Linda Stone</td>
<td>Jo Ann Stone</td>
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They help keep ‘Bad River Strong’

It’s easy to be positive and optimistic when all is right with your world. But things haven’t been right for anyone’s world for several weeks now.

Don’t have to tell you why. COVID-19, the coronavirus, has been relentlessly attacking our planet and lately has been homing in on the United States, in particular.

New York City, especially, has been decimated by this horrible virus. At this writing there have been 579,526 reported cases of coronavirus and 23,477 deaths in the United States.

Here, on the south shore of Lake Superior, we have been most fortunate with just two reported cases of the virus in Ashland County and none on the Bad River Reservation. Iron County, our neighbor to the east, has had two cases of COVID-19 and, sadly, one death in Hurley.

Some take great comfort in our tiny virus numbers when compared with the rest of our state and nation. But it’s much too early to celebrate or throw ourselves a victory parade. We must continue to stay the course and follow the social-distancing guidelines. We cannot let our guard down because we believe we are isolated from danger by our remote location and relatively sparse population.

But a little positive thinking, sprinkled with a dash of optimism couldn’t hurt, right?

And that’s where three special women come into play: Pamela Feustel, Tina Gerovac-Lavasseur and Jennifer Toribio-Warren, are fighting the good fight here on the Bad River Reservation, in distinct but important ways.

Feustel and Gerovac-Lavasseur are Public Health Nurses for the Bad River Health & Wellness Center. In many ways they are the guardian angels of your good health. And they’re not going on vacation just because there have been no reported COVID-19 cases here.

“We remain vigilant on surveillance and are working with our county partners to monitor any potential case,” Feustel said. “At this time, our clinic is first triaging patients and then scheduling appointments if necessary, in order to avoid any unnecessary potential exposure. We continue to have full schedules serving our community members and ensuring they remain healthy.”

Feustel reminds all that COVID-19 might be small in numbers here but residents of The Reservation must remain on guard.

“It is important for the community to understand how serious this virus is,” Feustel said. “We can all do our part to ensure that the community remains as healthy as possible during this pandemic. It is recommended that all community members follow posted guidance, and of course, call if they have any questions.”

Along with sound medical advice, she offered some positive words to live by:

“While it can be difficult, please continue to follow the ‘Safer at Home’ guidance,” she said. “As a community, we will get through this together. We will remain Bad River Strong.”

Toribio-Warren is the executive director of the Bad River Housing Authority. A recent memo from her office gave both optimism and financial relief to about 170 Tribal families.

“In this time of hardship, the Bad River Housing Authority (BRHA) will suspend all rent and other payments due for the month of April. Suspending such payments during April is an important step in helping the community survive this historically difficult time. BRHA hopes this will help provide some peacefulness, as you will need to provide for your family.”

This gesture by the BRHA was timely, generous, compassionate, thoughtful, sensitive, meaningful and certainly much needed.

In another positive move, the Bad River Tribal Council was quick to act. On March 17, Chairman Mike Wiggins, Jr. and the Council declared a Public Health Emergency. That vital action told everyone that this is, indeed, serious.

So, if you’re self-quarantined at home, missing your old life and feeling a bit lonely, remember this:

Pamela, Tina, Jennifer and the Tribal Council are with you.

Send email to Richard J. Pufall at NewsLetter@BadRiver-nsn.gov

To get “Drum Beats,” the newsletter for the Bad River Band, text your email address to 920-857-4673, or send email to NewsLetter@BadRiver-nsn.gov
An Extra-Effort Easter

For Esie Leoso-Corbine and her team of staffers, the impossible turned out to be just difficult but quite doable on Thursday, April 9 at the Bad River Elderly Center.

“It was an awesome day and I know when we first started my staff were probably saying, ‘What did she get us into?’” said Leoso-Corbine, the Director of the Social & Family Services Department. “Needless to say, I never doubted their mad skills in making the homemade Easter Baskets for our Elders!”

This A-Team of staffers made 101 bag lunches and baskets – 46 went to the homebound and 55 were ticketed for curbside pick-up.

And this amazing team effort drew the praise of Michael Wiggins, Jr., Bad River’s Tribal Chairman, who sent the following email to Leoso-Corbine:

“Esie, thank you so much for all that you and your staff are doing!” he wrote. “I’m always amazed by the heart and soul that our Social Services Department puts into the work that they do on behalf of our people. Our elders are precious and seeing this effort definitely affirms that fact! Miigwech!”

— Bay City News Service

More photos below, on Page 8
Photos By
Esie Leoso-Corbine

Ray Couture

Bridgette Bigboy

Gina Secord
&
Jessenia Smart
(A selfie)

Maggie Morrison

Heidi-Beth Burns
COVID-19 Response Update

Additional Tenant Garbage Stickers

Due to the Pandemic, we understand the need for some tenants to have additional garbage stickers. If you need additional stickers, please call or e-mail the Bad River Housing Authority and indicate how many additional stickers are needed.

Leave a message with your name, mailing address, and number of additional stickers needed at:

715-682-2271 or HousingRecpt@badriver-nsn.gov

In case of emergency, please call:

(715) 292-8847
BAD RIVER BAND OF LAKE SUPERIOR
TRIBE OF CHIPPEWA INDIANS

CHIEF BLACKBIRD CENTER  P.O. Box 19 Ondah, Wisconsin 54861

ENROLLMENT DEPARTMENT
Information During COVID-19 PANDEMIC

For the protection of tribal staff and community, the Bad River Tribe is still temporarily limiting person-to-person contact at the workplace to minimize potential exposure.

The Bad River Enrollment Department will accept new applications from people residing within the Bad River service area only.* We are now requiring safe social distancing procedures to process. You must call and make an appointment to schedule.

Bad River Enrollment Office  715-682-7111 ext. 1525

NOTE: Tribal Members may request a Certificate of Membership in lieu of Tribal ID during the COVID 19 Pandemic

*If you have any questions about enrollment or the service area, please call Enrollment Office, miigwech

Telephone (715) 682-7111  Fax (715) 682-7110
Bad River Medication Assisted Treatment (MAT) Services are available during the COVID-19 pandemic.

Please contact Jennifer Sorel at 715.292.1133 to schedule a time to meet.

Bad River Medication Assisted Treatment program uses Suboxone or Vivitrol in combination with counseling to assist persons who use opioids to stabilize and enter a life of recovery.

We are here to offer continued help and support to the community!
Government School Closure - Child Meal Order Form (Weeks 3-6)

The School District of Ashland is pleased to be working with the Wisconsin Department of Public Instruction to provide FREE nutritional meals to all children (18 years of age and younger) throughout the school closure. To participate, parents /guardians are asked to complete the online Government School Closure - Child Meal Order form.

Each week, parents / guardians may pick-up five (5) breakfasts and five (5) lunches per child per week at one of the following locations:
• Monday's from 10:00 AM - 1:00 PM
  Ashland High School - Parking lot near door S7
• Tuesday's from 10:00 AM - 1:00 PM
  Marengo Valley Elementary School - Main entrance circular driveway
• Tuesday's from 12:00 - 3:00 PM
  Birch Hill Community House (77948 Plantation Lane) - Parking lot
• Tuesday's from 4:00 - 6:00 PM
  Ashland High School - Parking lot near door S7

At each pick-up location, parents / guardians are asked to remain in your vehicle and wait for a meal distributor to approach your vehicle (drive-through style). Per DPI, a meal distributor will ask and document how many children are in your household (18 years of age and under) and what school they attend, if any. Meals will be issued accordingly.

Parents / Guardians may complete the Government School Closure - Child Meal Order form on a weekly basis or in advance. We appreciate your participation with completing the Child Meal Order Form in advance to ensure that enough meals are prepared for each location on each date.

We thank you for your patience and understanding as we navigate through the Government school closure. We hope that this offering will help keep your children healthy and happy. If you have questions, please do not hesitate to contact the district office at 715-682-7080.

Sincerely,

Erik T. Olson
Superintendent
BAD RIVER AODA
OPEN RECOVERY MEETING
4pm EVERY DAY!!!!

This meeting is available during the COVID-19 pandemic.

Please join my meeting from your computer, tablet or smartphone.
https://global.gotomeeting.com/join/130162509

You can also dial in using your phone,
United States: +1 (646) 749-3122

Access Code: 130-162-509

We are here to offer continued help and support to the community!
BAD RIVER AODA
SURVEY OPPORTUNITY

For those aged 10-25 please complete the survey at the following link:

bit.ly/PFSsurvey

Your answers are confidential...

We are here to offer continued help and support to the community!
What’s your story?

If you know of a good story from the Bad River Community that needs to be told in “Drum Beats,” just send an email to NewsLetter@BadRiver-nsn.gov or call 920-857-4673.
Anthem's members receive COVID-19 treatment at no cost

Dear trusted partner,

We know these are challenging times, and want you to know that Anthem remains deeply committed to supporting you and the communities we serve as we join together as a nation to weather this health crisis. This is why we’re focused on addressing critical issues that need attention now, including affordability and access.

We’re taking unprecedented action to eliminate your employees’ cost shares if they receive treatment for COVID-19 from doctors, hospitals, and other health care professionals from April 1 through May 31, 2020. Their COVID-19 testing is covered, too. They’ll also pay nothing if they have a telehealth visit with a doctor in their plan through June 14, 2020.

We know your employees already have enough things to worry about these days. Paying for treatment for this disease shouldn’t be one of them. We want them to focus on their health and care for their loved ones.

During this time of stress and uncertainty, we stand by our legacy and commitment to your company and employees. Our mission remains unchanged: to improving lives and the health of our communities.

Sincerely,

Peter D. Haytaian
Executive Vice President and President
Commercial and Specialty Business Division
**UPDATED PUBLIC NOTICE**

**CLINIC PHARMACY**

**HOME DELIVERY OF MEDICATIONS**

AVAILABLE TO ELDERS AND DISABLED WHO FALL UNDER I.H.S. GUIDELINES

To accommodate our elders and disabled Tribal members during the COVID-19 event, we are offering home delivery of prescriptions, from 11am-3pm daily on weekdays, within a 30-mile radius of the BRHWC.

Delivery will be made using safe drop-off/pick-up and social distancing practices. Patients need to be at home and watching for the delivery; which will be made on the front porch. Patients will need to wait for the driver to return to his/her vehicle prior to opening the door and picking the prescription up.

Frequency of delivery and how long delivery service will take, is dependent upon staffing. BRHWC reserves the right to prioritize patient needs & evaluate this service weekly based on community need, staff availability and CDC or State guidelines.

*If you are an elder or are disabled, please request home delivery service when requesting a prescription fill/refill.* Please also provide a current working contact phone number.

Updated Notice - March 25, 2020 – 11:30am
Bad River Health and Wellness Center

During the COVID-19 crisis, for your safety, we are asking that you call ahead to the clinic during business hours (8:00 am to 4:30 pm Monday-Friday) 715-682-7133 prior to coming in for a medical appointment.

If you are experiencing COVID-19 symptoms after clinic hours, please utilize the resources listed below:

In order to protect our community and prevent spread, it is important that individuals who believe they may have been infected with Coronavirus (COVID-19) use the following process to direct your care. If you are experiencing a medical emergency, call 911.

-Essentia Health is providing free screenings to anyone experiencing symptoms by calling their toll-free phone number at 1-833-494-0836 or through an e-visit on their health portal, MyHealth. The e-visits provide 24/7 access to connect to an Essentia Health Care Team without requiring you to leave home. E-visits can be found at essentiahealth.org/services/e-visit.

-St.Luke’s Chequamegon Clinic is also offering two, free E-Care visits per user. You can also call their toll-free phone number at 1-218-249-4200 to complete a COVID-19 screening. E-Care is open 7:00am – 8:00pm and can be found at slhduluth.com/ecare, and the toll-free line is open 24/7.

Memorial Medical Center (715) 685-5500
PUBLIC NOTICE
Bad River Water and Sewer Department

The Bad River Community is hunkering down at home to lessen the chance of person to person spread of COVID-19, the Bad River Water and Sewer Department would like to remind customers to be safe and smart.

Please DO NOT flush rags, flushable wipes, disinfectant wipes, paper towels, baby wipes, grease or anything other than toilet paper.

Flushing rags, paper towels, baby wipes, grease, feminine hygiene products and disinfectant wipes down your toilets and sinks can cause significant damage to wastewater processes and the infrastructure of the sewer system and lift stations which can cause possible sewage backups and emergency work.

Also flushing these items can clog and damage residential plumbing and service laterals costing homeowner money and distress.

PLEASE Do not flush these items.

Thank you for your attention to this matter. If you have any questions related to community water and sewer please feel free to call Philip Livingston at 715-292-5339.
FAMILY FOUNDATIONS PROGRAM

IN ACCORDANCE WITH GOVERNOR EVER’S ‘SAFER-AT-HOME’ AND CHAIRMAN WIGGIN’S STAFFING ORDER, FAMILY FOUNDATIONS HOME VISITORS WILL BE WORKING REMOTELY FROM HOME UNTIL THE ORDERS ARE LIFTED.

OUR PROGRAM IS COMMITTED TO HELPING FAMILIES SURVIVE THIS COVID-19 EVENT. YOU CAN REACH OUR HOME VISITORS AS FOLLOWS:

CORRIN KANGAS
CELL PHONE: 715-631-2103
EMAIL ADDRESS: c.kangas@badriverhwc.com

TINA NAULT
CELL PHONE: 715-292-9855
EMAIL ADDRESS: t.nault@badriverhwc.com

HOME VISITS WILL CONTINUE, BUT WILL BE SCHEDULED AND CONDUCTED ELECTRONICALLY. ANY EXCHANGE OF PROGRAM SUPPLIES TO FAMILIES WILL BE DONE USING THE SAFE DROP-OFF/PICK-UP AND SOCIAL DISTANCING PRACTICES.

NO FACE-TO-FACE DIRECT CONTACT BETWEEN STAFF AND FAMILIES WILL OCCUR DURING THIS TIME.

Public Notice Date: 3/25/2020
Limited Clinic Services

We are currently not allowing any visitors into our facility and all our events/support groups are currently canceled. To serve the best interests of our staff, patients, and community, we are exploring alternatives to face-to-face triage and asking patients to call the clinic before coming in. We will contact you to reschedule clinic appointments that are not urgent, including routine checkups or wellness visits.

What to Do - CALL FIRST!

If you are showing any sign of possible COVID-19 symptoms, please do not come to the Bad River Health and Wellness Center to be tested; contact your health care provider first. You will be advised what to do next. Via telephone you can speak to a provider to reduce unnecessary healthcare visits and prevent transmission of COVID-19.

We understand these screenings may be an inconvenient and impersonal, but it’s an important step to keep everyone as safe and healthy as possible. We appreciate your help protecting our patients and families.

Bad River Health & Wellness Center

‘Drum Beats,’ Deadline!

To get your news item in the next edition of “Drum Beats,” send email to NewsLetter@BadRiver-nsn.gov or call 920-857-4673 by noon on:

April 23
Bad River Transportation Program

Due to the COVID-19 Health Crisis The Transportation Program will be working remotely in accordance with Governor Ever’s order.

If you need non-emergency transportation to medical appointments only and are eligible under the transportation policies then please contact the scheduler first:

- Danielle Fizell– 7152925689

Transportation drivers can be contacted as well.
Malene Powless– 7156858643
Wesley Andrews– 7152925604
LOGO CONTEST

ATTENTION LOCAL ARTISTS!

We need a Bad River Community Development Corporation logo and we want YOU to design it.

THINGS TO INCLUDE ARE:
• Our name - Bad River Community Development Corporation
• What we promote - Bad River’s economic business development

PRIZES
★ 1st Place: $175.00
★ 2nd Place: $75.00
★ 3rd Place: $50.00

QUESTIONS
Call Brian at 715-685-7858, ext. 1321

All artwork will become the property of the Bad River Community Development Corporation and may be used for advertising, marketing promotions, etc.

DEADLINE
Friday, April 17, 2020
by 3:00 pm

WINNERS NOTIFIED
Friday, May 1, 2020

ENTRY FORM (attach to artwork submitted)

Submitter (First and Last Name): ________________________________

Guardian (First and Last Name) if applicable: ________________________________

Mailing Address: _______________________________________________________

Phone Number: ____________________________

Signature: ____________________________

Date: ____________________________

Bad River Community Development Corporation
P.O. Box 250, 73430 US Hwy 2, Odanah, WI 54861
715-685-7858, ext 1321

REQUIREMENT
Must be an original design
Artwork no larger than 8.5” x 11”
One entry per person
Entry form completed and signed

SUBMIT YOUR DESIGN TO
BRIAN MAYOTTE:
Email: b.mayotte@badriver-nsn.gov
Or
In Person: Superior Connections, Inc.
Inside the Moccasin Trail Complex
Mail: P.O. Box 250,
73430 US Highway 2
Odanah, WI 54861
Bad River Public Health News
COVID-19

A Message to Our Community  New guidance from the CDC states that you should cover your nose and mouth with a cloth face cover when around others. The only exception to this would be those under 2 and individuals who have trouble breathing. More information can be found at https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

Travel Advisory

Bad River tribe is asking everyone to avoid travel for the safety and well-being of our communities. This travel advisory includes:

- Travel of any distance
- Travel throughout the state
- Travel between states
- Travel from larger urban areas where COVID-19 is community spread to the Bad River Reservation.

COVID-19 is spreading in every state, and travel increases your chances of getting and spreading the virus. Bad River has limited resources as the Bad River Lodge and Casino is closed. Closely packed housing and group living quarters have accelerated transmission, disproportionately affecting older adults and people with compromised health.

If you have recently traveled to or from the Bad River reservation, please follow Self-Quarantine guidance.

- Stay home until 14 days after arrival and maintain a distance of at least 6 feet from others.
- Self-monitor for symptoms
- Check temperature twice a day
- Watch for fever, cough, shortness of breath
- Avoid contact with people at higher risk for severe illness, unless they live in the same home and had same exposure.

Recommended Preparations...

In order to prevent the spread of infection, individuals who have been asked to stay home or asked to self-quarantine, consider what you will want to have on-hand:

- Thermometer
- Prescription medication
- Over-the-counter medicine
- Feminine hygiene products
- Toilet paper
- Alcohol-based hand sanitizer
- Vitamins
- Soap and other toiletries
- Household cleaning supplies, including products that kill germs
- Laundry detergent
- Tissues, paper towels
- Food and beverages
- Pet supplies
- Any other essential items you would need for 14 days

It is important that we MUST continue to follow Social Distancing and Safer at Home Guidelines in order to Flatten the Curve during this COVID-19 Pandemic. Stay Safe and Be Well!
Bad River Band of Lake Superior Tribe of Chippewa Indians

Bad River Recycling & Solid Waste Department

Emergency Notice

Due to the COVID-19 Health Crisis Pandemic the tentatively scheduled (MAY 11th – MAY 22nd) 2020 SPRING CLEAN-UP EFFORTS will be postponed until further notice.

Bad River Warming Shelter closed for the season!
Sorry for any inconvenience!
Care for your mental health, too!

During the COVID-19 Crisis, it is just as important to care for your mental health as it is your physical health. If you or someone you know is struggling, REACH OUT. Here are just a few of the resources available. We will continue to share free resources with you during this difficult time.

**Mental Health:**

7 cups: [www.7cups.com](http://www.7cups.com); free online text chat for emotional support and counseling

**Disaster Distress Helpline:** 800-985-5990

Or text TalkWithUs to 66746

**Suicide Prevention Hotline:** 800-273-8255

Or text CONNECT to 741741

**MoodGYM:** moodgym.com.au

**National Domestic Violence Hotline:** 800-799-7233

**Recovery Resources:**

**Bad River AODA Open Recovery Meeting:** 4pm daily.

https://global.gotomeeting.com/join/130162509

Or call 1-646-749-3122 Access Code: 130-162-509

**In The Rooms:** intherooms.com/home/

Please call the Bad River Health and Wellness Center at 715-682-7133 if you have questions or would like more information.
Place Your To-Go Order!

Manomin Restaurant

Saturday  
Double Cheese Burger w/fries $6.99

Monday  
Cobb Salad w/ Chicken Breast, Bacon, Tomatoes & Shredded Cheese on a bed of Lettuce $6.99

Tuesday  
Choice of the following for $5.99  
Baked Burrito w/Chips & Salsa or 3 Hard or Soft Shell Tacos w/Chips & Salsa

Wednesday  
4 piece Broasted Chicken w/fries $6.99

Thursday  
Smothered New York Strip Steak Sandwich w/mushrooms & onions served with fries $8.99

Friday  
Choice of the following for $7.99  
2 piece Deep Fried Pollack w/fries or 2 piece Deep Fried Cod w/fries $1.00 for an additional fillet

Please call 715.682.7121 extension 1296 to place your to go order!

Daily Specials  
10am-6pm  
Restaurant is Closed Sundays
WHAT HOME MEANS TO ME
A POSTER CONTEST FOR TRIBAL YOUTH

All forms of art are welcome; however it does need to be poster friendly. Once you’ve finished your poster, submit a photo of your poster to:
WilmaNoah@semtribe.com
+ KrystalCedeno@semtribe.com

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WHAT HOME MEANS TO ME
A POSTER CONTEST
FOR TRIBAL YOUTH

ENTER TO WIN A PRIZE!
Accepting Submissions from
April 1- June 30, 2020

All Tribal Communities are Welcome to Submit! All Posters Must Be Original Art Work. You May Use: Markers, Paints, Crayons, Colored Pencils, Beads and Fabric! Get as Creative as you’d like! Create a poster that shows what home means to you!

All forms of art are welcome; however you submission does need to be poster friendly. Once you’ve finished your poster or if you have any questions, submit to: WilmaNoah@semtribe.com or KrystalCedeno@semtribe.com

3 AGE GROUP WINNERS!
5-10; 11-13; 14-18
Bad River Band Of Lake Superior
Tribe Of Chippewa Indians

Bad River Recycling & Solid Waste Department

Recycling (curbside pick-up) Notice

Due to the larger than normal volumes of Recyclables curbside and unforeseen vehicle transportation breakdowns requiring us to utilize back-up transportation at a much slower pace. We are experiencing longer scheduled routes on Monday and Tuesday.

Please continue to leave your Recyclables curbside and they will eventually get picked up that week.

Miigwech
The Bad River Domestic & Sexual Abuse Program shares this statement for the week. These weekly statements address various issues, concerns and thoughts that we hope you will read and consider why it was written:

“It’s when we start working together that the real healing takes place.” ~ David Hume

Watch for the next statement in the April 29 newsletter. If you have a statement you would like to share, feel free to send it to Heidi-Beth Burns, Coordinator/DV & SA Advocate & Legal Lay Advocate, Bad River Domestic Abuse Program. Send email to brdap@badriver-nsn.gov

“Drum Beats,” is the newsletter for the Bad River Band of Lake Superior Tribe of Chippewa Indians. Drum Beats is circulated every other Wednesday throughout the year and is produced by The Bay City News Service of Ashland, Wis. Send email to NewsLetter@BadRiver-nsn.gov or call 920-857-4673.